HOSTETTER'S

ILLUSTRATED

CALIFORNIA

ALMANAC

1901.

FOR MERCHANTS, MECHANICS, MINERS,

FARMERS, PLANTERS,

AND

GENERAL FAMILY USE.

Carefully calculated for such Meridians and Latitudes as are best suited for a Universal Calendar for California.

PUBLISHED BY

THE HOSTETTER COMPANY,

PITTSBURGH, PA.

IMPORTANT TO OUR PATRONS.

"WHAT shall we eat, and what shall we drink, and wherewithal shall we be clothed," are considerations we cannot afford to despise. Having decided what we want, of medicine or food, it is necessary to our health and comfort that we get the genuine article. There are many schemes to trap the unwary, and deceive them to their own destruction.

Those who choose that world-renowned remedy, **Hostetter's Stomach Bitters,** should scan well the marks of authenticity, as it also, like all articles of sterling merit, has its imitators and counterfeiters. To aid in distinguishing the true from the false we repeat the following

TESTS OF GENUINENESS:

Blown in the bottle is the name of the preparation (Dr J. Hostetter's Stomach Bitters). On one side of the bottle is a fine steel plate label, on which St. George and the Dragon figure as a vignette, and at its foot is a miniature note of hand, with engraved *fac-simile* of the signature of the President of our Company. The directions for use, in bronze letters on a dark ground, are on the opposite side. A metallic cap, stamped with a medallion head and the name of the article, envelops the cork. The Bitters is put up ONLY IN GLASS, and sold by the bottle or case. The monogram of the Company, thus is burnt on the top of the cork of each bottle, which is a protection against tampering with or refilling the bottle.

In compliance with provisions of the War Revenue Bill, approved June 13, 1898, we have placed over the cork of the bottle our U. S. Proprietary Revenue Stamp, elegantly engraved, covering the metallic cap, and adhering to the neck of the bottle on either side. We call attention to this Government countersign as a guaranty of the genuineness of the Bitters, as the counterfeiting or mutilation of this stamp, or its fraudulent use to cover any other preparation than our own, involves penalties, swift and sure, which few will take the risk of incurring.

Congress has passed stringent laws to punish the counterfeiting of Trade Mark Goods, and the sale or dealing in of the same. The Hostetter Company has received an unbroken series of favorable decisions when courts of justice have been invoked, and they will continue to prosecute all who foist a spurious article upon the public in their name, to the injury of their business and the health of their patrons.

The public should also beware of the local bitters attractively labelled and sold as "appetizers" and "stomachics." The injury inflicted upon the stomach by these drams in disguise is irreparable. They are composed of cheap and fiery spirits, with some bitter extract infused for flavoring, and in consequence of the low price at which they are sold, enjoy the patronage of impecunious imbibers.

Hostetter's California Almanac

FOR THE YEAR 1901 CALCULATED FOR

CALIFORNIA AND OREGON.

THIS BOTTLE

is known all over the world. It will be found in almost every family medicine chest. All druggists and dealers sell it. The genuine has a *Private Revenue Stamp* over the top of the bottle.

Hostetter's Stomach

HAS CURED

Dyspepsia

Indigestion

Constipation

Biliousness

Celebrated Bitters

Nervousness

Liver and Kidney Trouble

Sleeplessness

Fever and Ague and Malaria

It is for women as well as men.

TRY IT. TAKE NO SUBSTITUTE.

HOSTETTER'S ALMANAC, 1901.

THE TWELVE SIGNS OF THE ZODIAC.

RAM, Aries, THE HEAD.

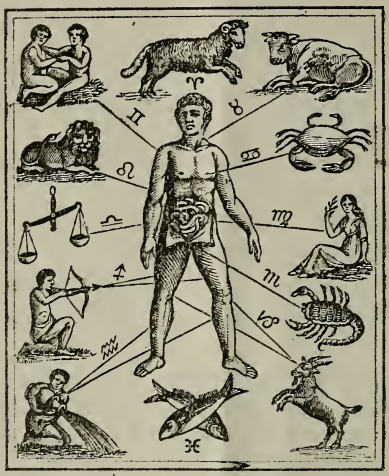
TWINS, Gemini, ARMS.

LION, Leo, HEART.

BALANCE, Libra, REINS.

ARCHER, Sagittarius, THIGHS.

WATERMAN, Aquarius, LEGS.



BULL, Taurus, NECK.

CRAB, Cancer, BREAST.

VIRGIN, Virgo, BOWELS.

SCORPION, Scorpio, LOINS.

GOAT, Capricornus, KNEES.

FISHES, Pisces, THE FEET.

CHRONOLOGICAL CYCLES.

Dominical Letter,	F.	Solar Cycle,	6
Epact,	10	Roman Indiction,	14
Lunar Cycle, or Golden Number,	2	Julian Period,	6614

FIXED AND MOVABLE FESTIVALS.

Epiphany,	Jan.	6	Rogation Sunday,	May	12
Septuagesima Sunday,	Feb.	3	Ascension Day,	"	16
Quinquagesima—Shrove Sund..	"	17	Pentecost—Whit Sunday,	"	26
Ash Wednesday,	"	20	Trinity Sunday,	June	2
First Sunday in Lent,	"	24	Corpus Christi,	"	6
St. Patrick's Day,	Mar.	17	First Sunday in Advent,	Dec.	1
Palm Sunday,	"	31	Christmas Day,	"	25
Good Friday,	April	5			
Easter Sunday,	"	7			
Low Sunday,	"	14			

Ember Days.

Feb. 27, Mar. 1, 2; Sept. 18, 20, 21;
May 29, 31, June 1; Dec. 18, 20, 21.

☞ The Calculations of this Almanac are given in Mean Solar Time. ☜

ECLIPSES FOR THE YEAR 1901.

In the year 1901 there will be FOUR Eclipses—two of the Sun, and two of the Moon:

I.—A Penumbral Eclipse of the Moon, May 3. Invisible. Visible more or less to Europe, Asia, Africa, Australia, the eastern tip of South America, and the Indian Ocean.

II.—A Total Eclipse of the Sun, May 18. Invisible. Visible to Australia, southern Asia, the eastern part of Africa, and to the Indian Ocean.

III.—A Partial Eclipse of the Moon, October 27. Visible in part to the western coast of North America, Europe and Africa; and to Asia, Australia, and the north Pacific and Indian Oceans. Occurring at San Francisco as follows:

Moon enters Penumbra, ...	4 h.	56 m. M.
Moon enters Shadow, ...	6 h.	16 m. M.

First contact of shadow, 137 degrees from the North point of the Moon limb toward the East. Magnitude of the Eclipse = 0.227 of the Moon's diameter.

IV.—An Annular Eclipse of the Sun, November 11. Invisible. Visible to the greater part of Europe, Asia, northern Africa, the extreme northern edge of Australia, and to the Indian Ocean.

THE SEASONS. (San Francisco Time.)

Vernal Equinox, ...	Spring begins, ...	March	20 d.	11 h.	15 m. P. M.
Summer Solstice, ...	Summer "	June	21 d.	7 h.	19 m. P. M.
Autumnal Equinox, ...	Autumn "	Septemb.	23 d.	10 h.	0 m. A. M.
Winter Solstice, ...	Winter "	Decemb.	22 d.	4 h.	27 m. A. M.

MORNING AND EVENING STARS, 1901.

Mercury will be morning Star about April 4, August 2, and November 20; and Evening Star about February 19, June 15, and October 12.

Venus will be Morning Star till April 30; and then Evening Star the rest of the year.

Jupiter will be Morning Star till June 30; and then Evening Star the rest of the year.

FIRST MONTH.

31 DAYS.

MOON'S PHASES.

SAN FRANCISCO.

	D.	H.	M.	
FULL MOON	4	4	4	Evening.
LAST QUARTER	12	0	29	"
NEW MOON	20	6	27	Morning.
FIRST QUARTER	27	1	43	"

Day Month.	Day Week.	HISTORICAL EVENTS.	Moon's Constellat'n	Sun Slow. M. S.	Sun Ris. H M.	Sun Sets. H. M.	Moon Sets. H. M.	Moon South H. M.	High Water. Morn. H. M.	High Water. Even. H. M.
1	Tu	Consolidation of Greater N. Y., '98		3 44	7 16	4 51	3 55	9 31	8 12 *l*	11 6 s
2	We	Gen. Wolfe born, 1727		4 12	7 16	4 52	4 57	10 29	8 52 *l*	11 52 s
3	Th	Bishop Haven died, 1880		4 40	7 16	4 53	5 57	11 26	9 37 *l*	.....
4	Fri	West Indies discovered, 1492		5 7	7 17	4 53	Ris.	Mor.	0 35 s	10 20 *l**
5	Sa	Bombardment of Paris, 1871		5 34	7 17	4 54	6 7	0 22	1 8 s	11 15 *l**
		1.) Epiphany Sunday.		Matt. 2.			**Day's length, 9 h. 38 m.**			
6	S	Missolonghi taken, 1823		6 0	7 17	4 55	7 9	1 13	1 49 s	0 9 *l*
7	Mo	Fenelon died, 1715		6 26	7 17	4 56	8 10	2 2	2 23 s	1 1 *l*
8	Tu	Battle of New Orleans, 1815		6 52	7 16	4 57	9 9	2 48	2 51 s	1 54 *l*
9	We	Snow Storm in United States, 1886		7 17	7 16	4 58	10 6	3 31	3 18 s	2 53 *l*
10	Th	Stamp Act passed, 1765		7 42	7 16	4 59	11 2	4 13	3 54 *l*	3 52 s
11	Fri	Alex. Hamilton born, 1757		8 6	7 16	5 0	11 59	4 55	4 34 *l*	5 1 s
12	Sa	Salmon P. Chase born, 1808		8 30	7 16	5 1	Mor.	5 38	5 11 *l*	6 14 s
		2.) 1st Sunday after Epiphany.		Luke 2.			**Day's length, 9 h. 47 m.**			
13	S	Bradlaugh takes the oath, 1886		8 52	7 15	5 2	0 55	6 22	5 48 *l*	7 23 s
14	Mo	Battle of Rivoli, 1797		9 15	7 15	5 3	1 51	7 7	6 23 *l*	8 31 s
15	Tu	Queen Elizabeth crowned, 1559		9 36	7 15	5 4	2 48	7 55	7 5 *l*	9 41 s
16	We	Dr. Leavitt died, 1873		9 57	7 15	5 5	3 44	8 46	7 47 *l*	10 37 s
17	Th	Benjamin Franklin born, 1706		10 17	7 14	5 6	4 37	9 38	8 37 *l*	11 23 s
18	Fri	Daniel Webster born, 1782		10 36	7 14	5 7	5 28	10 32	9 25 *l*	.....
19	Sa	James Watt born, 1736		10 55	7 13	5 8	6 17	11 26	0 2 s	10 24 *l**
		3.) 2d Sunday after Epiphany.		John 2.			**Day's length, 9 h. 56 m.**			
20	S	Jules Favre died, 1880		11 13	7 13	5 9	Sets.	Ev 20	0 36 s	11 22 *l**
21	Mo	Louis XVI. beheaded, 1793		11 31	7 12	5 10	6 56	1 13	1 11 s	0 21 *l*
22	Tu	Dreyfus Riot in France, 1898		11 48	7 12	5 11	8 3	2 5	1 41 s	1 17 *l*
23	We	Steamer Pacific lost, 1856		12 3	7 11	5 13	9 12	2 57	2 11 s	2 5 *l*
24	Th	Frederick the Great born, 1712		12 18	7 11	5 14	10 22	3 49	2 43 *l*	3 1 s
25	Fri	Robert Burns born, 1759		12 33	7 10	5 15	11 31	4 41	3 33 *l*	4 23 s
26	Sa	Dr. Jenner died, 1823		12 46	7 9	5 16	Mor.	5 34	4 25 *l*	5 51 s
		4.) 3d Sunday after Epiphany.		Matt. 8.			**Day's length, 10 h. 8 m.**			
27	S	Aaron Burr's Conspiracy, 1807		12 59	7 9	5 17	0 39	6 29	5 13 *l*	7 13 s
28	Mo	Capitulation of Paris, 1871		13 10	7 8	5 18	1 45	7 25	6 2 *l*	8 28 s
29	Tu	George III. died, 1820		13 21	7 8	5 19	2 49	8 21	6 57 *l*	9 51 s
30	We	Charles I. beheaded, 1649		13 31	7 7	5 20	3 49	9 18	7 46 *l*	10 46 s
31	Th	Charles H. Spurgeon died, 1892		13 40	7 6	5 21	4 43	10 13	8 37 *l*	11 35 s

Note.—The Tides for San Francisco are very irregular in height and interval. The asterisk (*) denotes the second morning tide, and the obelisk (†) the first afternoon tide. The letter (*l*) denotes the larger tide for the day, and the letter (s) the smaller one.

HOSTETTER'S STOMACH BITTERS,

THE

MOST POPULAR MEDICINE

IN THE

WESTERN PACIFIC STATES.

ON the advent of the new Century we renew our acquaintance with this great people, who but lately were camps of scattered miners, with an occasional seaport as a basis of supplies. As this people have expanded in such a short time to empires of continental renown, so our remedy has had a like steady and healthy growth, until it is now considered a household requisite in the mining camp, the home of the agriculturist, the grape grower, and for the artisan and worker in every field of human endeavor, where sickness and infirmity is the common heritage of the race.

The inhabitants of the Western Seaboard States long since discovered the fact that HOSTETTER'S STOMACH BITTERS is a medicine peculiarly adapted to overcome that class of diseases which are most prevalent in regions of which the opening up and settlement is of comparative recent date. From the outset of its career in the land of nuggets and gold dust, California, the popularity of the Bitters was assured, since it at once demonstrated its power of overcoming diseases which were the product of the hardships undergone by the early emigrants and diggers. Prominent among the maladies were fever and ague, and other febrile complaints of an intermittent and more malignant type; disorders of the bowels, liver and stomach; rheumatic ailments, physical prostration engendered by the above diseases, and affections of the nervous system. Some of these maladies were the product of the *aguardiente* and other adulterated liquors then sold at the mines, no less than of the causes first referred to. For the fire water which then wrought so much mischief, this medicine, its pure stimulating principle modified and medicated by the botanic ingredients in combination with it, proved a general blessing. It is, moreover, and has long proved itself to be, a masterful agent in relieving disease, and ultimately eradicating it.

Of palliatives for the maladies to which we have alluded, there are doubtless many, but Hostetter's Stomach Bitters is something infinitely better—it banishes from the system those complaints to which it is adapted. Though it is not sought to increase its already unprecedented reputation at the expense of other medicines of real value, yet the fact has long been patent to the citizens of California and other Pacific States, that it does its remedial work with greater thoroughness than any of those preparations that have been brought to their notice. It is now scarcely necessary to call particular attention to the evidence in its favor which has been accumulating for over half of a century, and to which the widest publicity has been given through the pages of this Alma-

SECOND MONTH.

28 DAYS.

MOON'S PHASES.

SAN FRANCISCO.

	D.	H.	M.	
FULL MOON,	3	7	21	Morning.
LAST QUARTER,	11	10	3	"
NEW MOON,	18	6	36	Evening.
FIRST QUARTER,	25	10	29	Morning.

Day Month.	Day Week.	HISTORICAL EVENTS.	Moon's Constellat'n	Sun Slow.	Sun Ris.	Sun Sets.	Moon Sets.	Moon South	High Water. Morn.	High Water. Even.
				M S.	H. M.	H. M.	H. M.	H. M.	H. M	H. M.
1	Fri	Washington elected Presid't, 1789		13 48	7 5	5 22	5 29	11 4	9 24 *l*	.....
2	Sa	Lorenzo Dow died, 1834		13 56	7 4	5 24	6 9	11 54	0 12 s	10 8 *l**
		5.) Septuagesima Sunday.		Matt. 20.			**Day's length, 10 h. 22 m.**			
3	S	Sir Morell Mackenzie died, 1892		14 3	7 3	5 25	Ris.	Mor.	0 42 s	11 2 *l**
4	Mo	Revolution in Nicaragua, 1898		14 0	7 2	5 26	6 55	0 41	1 16 s	11 55 *l**
5	Tu	Thomas Carlyle died, 1881		14 14	7 1	5 27	7 54	1 25	1 45 s	0 44 *l*
6	We	France recognized U. S., 1778		14 18	7 0	5 28	8 52	2 8	2 8 *l*	1 28 s
7	Th	Charles Dickens born, 1812		14 21	6 59	5 30	9 48	2 51	3 33 *l*	2 18 s
8	Fri	Mary Stuart beheaded, 1586		14 24	6 58	5 31	10 44	3 33	3 0 *l*	3 18 s
9	Sa	Luetgart convicted of murder, '08		14 26	6 57	5 32	11 40	4 17	3 28 *l*	4 30 s
		6.) Sexagesima Sunday.		Luke 8.			**Day's length, 10 h. 37 m.**			
10	S	Queen Victoria married, 1840		14 27	6 56	5 33	Mor.	5 1	4 4 *l*	5 44 s
11	Mo	Riots in Cork, 1868		14 27	6 55	5 34	0 36	5 47	4 44 *l*	6 55 s
12	Tu	Horatio Seymour died, 1886		14 27	6 54	5 35	1 31	6 35	5 29 *l*	8 6 s
13	We	Captain Cook killed, 1779		14 26	6 53	5 36	2 25	7 26	6 12 *l*	9 11 s
14	Th	St. Valentine's Day.		14 24	6 52	5 37	3 16	8 18	7 11 *l*	10 9 s
15	Fri	French Assembly met, 1871		14 21	6 51	5 38	4 6	9 12	8 11 *l*	10 55 s
16	Sa	Russian Empire began, 1727		14 17	6 50	5 39	4 51	10 6	9 7 *l*	11 35 s
		7.) Quinquagesima—Shrove Sunday.		Luke 18.			**Day's length, 10 h. 52 m.**			
17	S	John B. Gough died, 1886		14 13	6 48	5 40	5 33	10 59	10 1 *l*	.....
18	Mo	Francis E. Willard died, 1898		14 9	6 47	5 41	Sets.	11 53	0 6 s	11 4 *l**
19	Tu	Florida ceded, 1821		14 3	6 46	5 42	6 53	Ev 46	0 37 s	0 13 *l*
20	We	James I. killed, 1437		13 57	6 45	5 43	8 6	1 40	1 6 *l*	1 24 s
21	Th	Ogdensburg taken, 1813		13 51	6 43	5 44	9 18	2 33	1 29 *l*	2 19 s
22	Fri	James Russell Lowell born, 1819		13 43	6 42	5 46	10 28	3 28	1 58 *l*	3 24 s
23	Sa	John Quincy Adams died, 1848		13 35	6 40	5 47	11 38	4 24	2 34 *l*	4 34 s
		8.) 1st Sunday in Lent.		Matt. 4.			**Day's length, 11 h. 9 m.**			
24	S	Robert Fulton died, 1815		13 27	6 39	5 48	Mor.	5 20	3 26 *l*	5 52 s
25	Mo	Victor Emanuel king Italy, 1861		13 18	6 38	5 49	0 43	6 17	4 25 *l*	7 19 s
26	Tu	Victor Hugo born, 1802		13 8	6 37	5 50	1 43	7 14	5 21 *l*	8 21 s
27	We	Wm. M. Singerly died, 1898		12 57	6 35	5 51	2 38	8 8	6 27 *l*	9 25 s
28	Th	Battle of Long Island, 1776		12 46	6 34	5 52	3 26	9 0	7 30 *l*	10 18 s

"WHAT is your idea of a patriot?" "Well, a patriot is a man who wouldn't give up a good government job in his own country for a good government job in any other country."

ONE of the notes jotted down by Longfellow reads: "A great part of the happiness of life consists in not fighting battles, but in avoiding them. A masterly retreat is in itself a victory.

nac, as well as through the daily press. The success of the Bitters, and its merits, are established facts. Neither open nor underhand competition has shaken its reputation, and the many attempts at spurious imitation of this standard tonic and alterative which have been made, have invariably failed to produce any results except public contempt for the schemes, and loss to their originators. **Hostetter's Stomach Bitters** is a potent corrective of morbid conditions of the system. Not only is renewed activity and vigor communicated by it to the operations of the stomach, secretive and evacuative organs, but it overcomes despondency, and counteracts a tendency to physical decay. The old find it an excellent means of relieving the physical ailments from which they more particularly suffer, and it possesses qualities which physicians recognize as among the most useful in protecting the system against malaria, as well as of overcoming it.

If I knew the box where the smiles are kept,
No matter how large the key
Or strong the bolt, I'd try so hard,
I'm sure 'twould open for me;
Then over the land and the sea broadcast,
I'd scatter the smiles to play,
That the children's faces might hold them fast
For many and many a day.

If I knew a box that was large enough
To hold all the frowns I meet,
I'd try to gather them every one—
From nursery, school and street;
Then folding and holding, I'd pack them in,
And, turning the monster key,
I'd hire a giant to drop the box
In the depths of the deep, deep sea.

Rest should be taken after a heavy meal, because active exertion calls away the blood from the stomach, which, for the purposes of digestion, requires a free circulation in its coats, a full heat and plenty of muscular vigor. An English professor of anatomy took two pointer dogs, which were equally hungry, and fed them equally well. One, which he suffered to follow the promptings of instinct, curled himself round till he was comfortable, and went to sleep, as animals generally do after eating. The other was kept for about two hours in constant exercise. The two dogs were then killed. In the stomach of the one which had been quieted and asleep, all the food was digested; in the stomach of the other that process was hardly begun.

Sleeplessness.—Those who suffer from sleeplessness, and the number is not small, might do well to notice their position at night. A German physiologist states that the heating of the earth by the sun causes magnetic currents from the equator to each pole. We should lie, therefore, in the direction of these currents; if we lie across these the result is unpleasant, and want of sleep is the consequence. The head to the north is the best position—to the west, the worst. Physicians who have charge of hospitals attend to the directions in which the beds are placed, and with the best results.

A would-be playwright brought to Richard Mansfield a play for him to read. The actor found it execrable, and when the author demanded a verdict, Mr. Mansfield felt it a kindness to point out the mistakes he had made. But the tyro waxed wroth. "Do you know that play cost me a year's hard labor?" he exclaimed. "My dear man, you are fortunate," returned the imperturbed actor, "a more just judge would have made it ten years—he really would."

A man cut his throat, but after losing a quart of blood, besought his wife, in the most piteous terms, to send for a doctor; the brain had been relieved of the pressure which occasioned the despondency and suicidal insanity, and the mind resumed its healthful functions. In lesser forms of depression of spirits, immediate relief would follow, if an active emetic of a teaspoonful each of salt and ground mustard, stirred quickly in half a glass of water, and drank down; the effort and strain of vomiting drives the blood to the extremities, and to the surface of the body, thus relieving the brain.

THIRD MONTH.

31 DAYS.

MOON'S PHASES.

SAN FRANCISCO.

	D.	H.	M.	
FULL MOON.	4	11	55	Evening.
LAST QUARTER,	13	4	57	Morning.
NEW MOON,	20	4	44	"
FIRST QUARTER,	26	8	30	Evening.

Day Month.	Day Week.	HISTORICAL EVENTS.	Moon's Constellat'n	Sun Slow. M S.	Sun Ris. H. M.	Sun Sets. H. M.	Moon Sets. H. M	Moon South H. M.	High Water. Morn. H. M.	High Water. Even. H. M.
1	Fri	Germans occupy Paris, 1871		12 34	6 33	5 53	4 8	9 49	8 26 *l*	11 0 s
2	Sa	John Wesley died, 1791		12 22	6 31	5 54	4 45	10 37	9 17 *l*	11 31 s
	9.)	**2d Sunday in Lent.**		Matt. 15.			**Day's length, 11 h. 25 m.**			
3	S	Serfdom abolished in Russia, 1863		12 9	6 30	5 55	5 19	11 21	10 5 *l*	11 55 s
4	Mo	Zoar community dissolves, 1898		11 56	6 28	5 56	Ris.	Mor.	10 50 *l*	.....
5	Tu	Boston Massacre, 1770		11 43	6 27	5 57	6 42	0 4	0 14 *l*	11 41 s*
6	We	Gould Railway Strike, 1886		11 29	6 25	5 58	7 38	0 47	0 42 *l*	0 34 s
7	Th	Florida becomes a State, 1844		11 14	6 24	5 59	8 34	1 29	1 16 *l*	1 24 s
8	Fri	Rise of Paris Commune, 1871		11 0	6 22	6 0	9 30	2 13	1 34 *l*	2 18 s
9	Sa	Mrs. Barbauld died, 1825		10 45	6 21	6 1	10 26	2 57	1 52 *l*	3 15 s
	10.)	**3d Sunday in Lent.**		Luke 11.			**Day's length, 11 h. 43 m.**			
10	S	Mazzini died, 1872		10 29	6 19	6 2	11 21	3 42	2 15 *l*	4 17 s
11	Mo	Tasso born, 1544		10 13	6 18	6 3	Mor.	4 29	2 51 *l*	5 30 s
12	Tu	1st Pennsylvania Assembly, 1683		9 57	6 16	6 4	0 14	5 17	3 36 *l*	6 34 s
13	We	Planet Herschel discovered, 1781		9 41	6 15	6 5	1 5	6 8	4 34 *l*	7 36 s
14	Th	Andrew Jackson born, 1767		9 24	6 13	6 6	1 55	7 0	5 38 *l*	8 34 s
15	Fri	Maine blown up in Havana, 1898		9 7	6 12	6 7	2 40	7 52	6 46 *l*	9 28 s
16	Sa	James Madison born, 1751		8 50	6 10	6 8	3 22	8 44	7 54 *l*	10 12 s
	11.)	**4th Sunday in Lent.**		John 6.			**Day's length, 12 h. 0 m.**			
17	S	Blanche K. Bruce died, 1898		8 33	6 9	6 9	4 1	9 37	8 58 *l*	10 49 s
18	Mo	Stamp Act repealed, 1766		8 16	6 7	6 10	4 39	10 30	9 59 *l*	11 19 s
19	Tu	Yale College founded, 1700		7 58	6 6	6 10	5 16	11 24	10 55 s	11 38 s
20	We	Isaac Newton died, 1727		7 40	6 4	6 11	Sets.	Ev 18	11 56 s	..... s
21	Th	Duke D'Enghien shot, 1804		7 22	6 3	6 12	8 7	1 14	0 7 *l*	1 15 s
22	Fri	Tuscany and Sardinia united, 1859		7 4	6 1	6 13	9 20	2 11	0 34 *l*	2 34 s
23	Sa	Madrid taken, 1808		6 46	6 0	6 14	10 29	3 10	1 4 *l*	3 30 s
	12.)	**5th Sunday in Lent.**		John 8.			**Day's length, 12 h. 17 m.**			
24	S	Herculaneum discovered, 1737		6 28	5 58	6 15	11 34	4 9	1 45 *l*	4 39 s
25	Mo	People's Bank Phila. closed, 1898		6 9	5 57	6 16	Mor.	5 7	2 41 *l*	5 41 s
26	Tu	Walt Whitman died, 1892		5 51	5 55	6 17	0 32	6 4	3 51 *l*	6 49 s
27	We	Vera Cruz captured, 1847		5 33	5 54	6 18	1 24	6 56	5 3 *l*	7 51 s
28	Th	Anton Seidl, musician, died, 1898		5 14	5 52	6 19	2 8	7 47	6 11 *l*	8 45 s
29	Fri	Planet Vesta discovered, 1807		4 56	5 51	6 19	2 47	8 35	7 18 *l*	9 32 s
30	Sa	Crimean War ends, 1856		4 37	5 49	6 20	3 20	9 20	8 19 *l*	10 9 s
	13.)	**Palm Sunday.**		Matt. 27.			**Day's length, 12 h. 33 m.**			
31	S	John C. Calhoun died, 1850.		4 19	5 48	6 21	3 51	10 3	9 14 *l*	10 38 s

IT DROVE HIM CRAZY.

VISITOR (at the Insane Asylum).—What is the matter with this poor man?

GUARD.—He was a baker, and tried to save dough by putting larger holes in his cakes. Then he found it took more dough to go around a big hole than around a little one, and the discovery drove him mad.

From MRS. ISAAC MUNDEN, Smithfield, N. C., January 26, 1898:

Dear Sirs—In February, 1897 I was attacked with chills and fever, and continued to have them until May following, during which time I took several different kinds of medicine which was highly recommended for chills, but none of them stopped my chills, only a very few days at a time. I was advised to try Hostetter's Stomach Bitters. I procured a bottle and commenced taking it, and did not have another chill after the first dose. I took the contents of the bottle and my health greatly improved, and I have not even felt like having a chill since. I would be proud if every one knew as much of the good of Hostetter's Bitters for chills as I do. I prefer it to any other medicine for chills and biliousness.

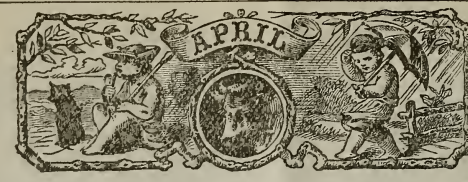
WOUNDS CAUSED BY FLOWERS.—Few people know how much danger there is sometimes in handling flowers. The thorns of roses cause the greatest mischief. Florists ascribe their most serious hurts to poison absorbed in hot-house productions which have undergone a strong vermin-killing process. Some of them consider that, after many applications, the juicy parts of the plants become impregnated with poison.

From GEORGE W. ROCKWELL, Spring Grove, Mich., September 21, 1898:

Dear Sirs—I have used your Hostetter's Stomach Bitters more or less for the last twenty years, and found it is excellent for all you claim for it.

A GEORGIA pastor, who resigned because he couldn't collect his salary, said in his farewell sermon: "I have little else to add, dear brethren, save this, you were all in favor of free salvation, and the manner in which you treated me is proof you got it."

FOURTH MONTH



30 DAYS.

MOON'S PHASES.

SAN FRANCISCO.

	D.	H.	M.	
FULL MOON	3	5	11	Evening.
LAST QUARTER	11	7	48	"
NEW MOON	18	1	28	"
FIRST QUARTER	25	8	6	Morning.

Day Month.	Day Week.	HISTORICAL EVENTS.	Moon's Constellat'n	Sun Slow. M. S.	Sun Ris. H.M.	Sun Sets. H.M.	Moon Sets. H. M.	Moon South H. M.	High Water. Morn. H. M.	High Water. Even. H. M.
1	Mo	Tamerlane died, 1405		4 1	5 46	6 22	4 21	10 45	10 3s	11 7l
2	Tu	Thomas Jefferson born, 1743		3 43	5 45	6 23	4 48	11 28	10 41s	11 23l
3	We	Bishop Heber died, 1826		3 25	5 43	6 24	Ris.	Mor.	11 30s	11 40l
4	Th	First Newspaper in U. S., 1704		3 7	5 42	6 25	7 22	0 10	.....	0 30s
5	Fri	Admiral Thatcher died, 1880		2 49	5 40	6 26	8 19	0 54	0 4l	1 31s
6	Sa	Revolution in Brazil, 1831		2 31	5 39	6 27	9 15	1 39	0 31l	2 20s
		14.) Easter Sunday.		John 20.			**Day's length, 12 h. 51 m.**			
7	S	Margaret Mather died, 1898		2 14	5 37	6 28	10 9	2 25	0 54l	3 13s
8	Mo	Louisiana enters U. S., 1812		1 57	5 36	6 28	11 1	3 13	1 19l	4 1s
9	Tu	St Louis Railroad Riots, 1886		1 40	5 34	6 29	11 49	4 2	2 1l	4 56s
10	We	Dr. Briggs joins Episcopalians, '98		1 23	5 33	6 30	Mor.	4 52	2 58l	5 56s
11	Th	Rowland Hill died, 1825		1 7	5 31	6 31	0 34	5 42	4 8l	6 53s
12	Fri	Gen. Canby killed, 1873		0 51	5 30	6 32	1 16	6 33	5 19l	7 44s
13	Sa	James Buchanan born, 1791		0 35	5 28	6 33	1 55	7 24	6 30l	8 34s
		15.) Low Sunday.		John 20.			**Day's length, 13 h. 7 m.**			
14	S	Embargo Law repealed, 1814		0 20	5 27	6 34	2 32	8 16	7 44l	9 20s
15	Mo	Shakespeare born, 1564		0 5	5 25	6 35	3 7	9 8	8 56s	9 49l
16	Tu	Battle of Culloden, 1746		Fast.	5 24	6 36	3 42	10 1	10 7s	10 19l
17	We	Massacre of Waldenses, 1655		0 24	5 23	6 37	4 20	11 55	11 9s	10 43l
18	Th	Lord Byron died, 1824		0 38	5 21	6 37	Sets.	11 52	0 9+s	11 12l
19	Fri	Lottery defeated in La., 1892		0 51	5 20	6 38	8 8	Ev 52	1 13+s	11 47l
20	Sa	Abernethy died, 1835		1 4	5 19	6 39	9 17	1 53	.....	2 13s
		16.) 2d Sunday after Easter.		John 10.			**Day's length, 13 h. 22 m.**			
21	S	Battle of San Jacinto, 1836		1 17	5 18	6 40	10 20	2 54	0 22l	3 19s
22	Mo	Cuban blockade proclaimed, 1898		1 29	5 16	6 41	11 16	3 53	1 12l	4 10s
23	Tu	Stephen A. Douglas born, 1813		1 41	5 15	6 42	Mor.	4 50	2 18l	5 6s
24	We	Washington burned, 1814		1 52	5 13	6 43	0 4	5 42	3 36l	6 10s
25	Th	Declaration War against Spain, '98		2 3	5 12	6 44	0 45	6 32	4 49l	7 3s
26	Fri	Capture of York, 1813		2 13	5 11	6 45	1 21	7 18	5 58l	7 48s
27	Sa	First Collins Steamer, 1850		2 23	5 10	6 46	1 53	8 1	7 7l	8 31s
		17.) 3d Sunday after Easter.		John 16.			**Day's length, 13 h. 38 m.**			
28	S	James Monroe born, 1758		2 33	5 8	6 46	2 24	8 44	8 9l	9 5s
29	Mo	Great Eclipse in England, 1652		2 42	5 7	6 47	2 52	9 26	9 7s	9 58l
30	Tu	Battle of Fontenoy, 1725		2 50	5 6	6 48	3 20	10 8	9 42s	10 24l

SPIRITS of turpentine will restore the brilliancy to patent leather. Boots and bags look almost new under its influence.

THERE are four things that come not back—the spoken word, the sped arrow, the past life, the neglected opportunity.

THE FOUNDATION OF HEALTH.

THE stomach is the foundation stone of health. It supports every other organ of the body. Upon it rests the weight of the entire human structure. It is the source of life itself.

What you eat goes into the stomach. Here blood is made. Here strength is made. Here sickness begins.

The first duty of the stomach is to establish a desire for food. This is called appetite. Its next duty is to digest the food swallowed. This duty is most complex, because the hundreds of mixtures that civilization has concocted as food are piled indiscriminately into the poor stomach. This must be disposed of. The iron must be extracted to make the red corpuscles in the blood. The waste material must be collected and carried out of the way. All the intricate machinery must run as smoothly as the works of the finest watch, or there will be sickness as a result.

If plain, simple foods only were eaten with regularity, there would be no need for **Hostetter's Stomach Bitters,** for Nature would not require assistance. But the abuse which is heaped upon the stomach by people nowadays is something which Nature cannot stand. She requires a tonic, appetizer and laxative such as Hostetter's Stomach Bitters has long proven to be. This remedy not only whets up the appetite, but helps the stomach in its vital work of digestion, and then clears away the refuse, making room for the next meal. It establishes regularity of appetite, digestion and movements of the bowels. It makes the foundation of the health solid and substantial. It stimulates the cellular tissues that line the stomach, and incites a plentiful supply of the juices which convert food into blood. It gives tone, strength and vigor to the underlying forces of true vitality.

ELOQUENCE.

Wouldst thou be eloquent? then always say
Plain, simple things in plainest, simplest way
A homely thought is like an honest maid,
Most ill at ease in spangled toys arrayed.

ACID-PROOF INK.—An ink that cannot be erased even with acids is obtained by the following recipe: To good gall ink add a strong solution of fine soluble Prussian blue in distilled water. This makes the ink which was previously proof against alkalies, equally proof against acids, and forms a writing fluid that cannot be erased without destruction of the paper. The ink writes greenish blue, and turns black.

MEASURING MOUNTAINS.—When the barometer is at the foot of a mountain the pressure it sustains must be greater than that to which it would be subjected to at the top, by the weight of the column of air intervening between the summit and the foot of the mountain. When it is known at how many feet above the earth's surface the pressure of air becomes so far lessened as to cause the mercury in the long tube to fall one inch, at how many feet it falls two inches, and so on, the process of measuring the height of a mountain with a barometer becomes a very easy one. Of course the number of feet corresponding to inches of depression was ascertained in the first instance by actual measurement.

THE HEDGE DOCTOR.—A "hedge doctor," a kind of quack in Ireland, was being examined at an inquest on his treatment of a patient who had died. "I gave him ipecacuanha," he said. "You might just as well have given him the aurora borealis," said the coroner. "Indade, your honor, and that's just what I should have given him next, if he hadn't died."

FIFTH MONTH.

31 DAYS.

MOON'S PHASES.

SAN FRANCISCO.

	D.	H.	M.	
Full Moon	3	10	10	Morning.
Last Quarter	11	6	29	"
New Moon	17	9	28	Evening.
First Quarter	24	9	30	"

Day Month.	Day Week.	HISTORICAL EVENTS.	Moon's Constellat'n	Sun Fast.	Sun Ris.	Sun Sets.	Moon Sets.	Moon South	High Water. Morn.	High Water. Even.
				M. S.	H M.	H. M.	H. M.	H. M.	H. M.	H. M.
1	We	Dewey destroys Spanish fleet, 1898		2 58	5 5	6 49	3 50	10 52	10 28 s	10 38 ℓ
2	Th	Jamaica discovered, 1494		3 6	5 4	6 50	4 22	11 37	11 19 s	10 53 ℓ
3	Fri	Machiavelli born, 1469		3 12	5 2	6 51	Ris.	Mor.	0 12† s	11 12 ℓ
4	Sa	Anarchist Riot in Chicago, 1886		3 19	5 1	6 52	8 5	0 22	1 19† s	11 53 ℓ
		18.) 4th Sunday after Easter.		John 16.		**Day's length, 13 h. 53 m.**				
5	S	Lord Napier died, 1873		3 25	5 0	6 53	8 56	1 10	.....	2 11 s
6	Mo	Humboldt died, 1859		3 30	4 59	6 54	9 46	1 59	0 17 ℓ	2 54 s
7	Tu	Salmon P. Chase died, 1873		3 35	4 58	6 55	10 32	2 48	0 54 ℓ	3 35 s
8	We	Battle of Palo Alto, 1846		3 38	4 57	6 55	11 15	3 39	1 37 ℓ	4 25 s
9	Th	Opening Pacific Railroad, 1869		3 41	4 56	6 56	11 54	4 29	2 37 ℓ	5 20 s
10	Fri	Bank Panic, 1837		3 44	4 55	6 57	Mor.	5 18	3 46 ℓ	6 13 s
11	Sa	Earthquake at Lima, 1746		3 47	4 54	6 58	0 31	6 8	4 59 ℓ	7 2 s
		19.) Rogation Sunday.		John 16.		**Day's length, 14 h. 6 m.**				
12	S	Sampson bombards San Juan, 1898		3 48	4 53	6 59	1 6	6 58	6 12 ℓ	7 50 s
13	Mo	Pope Pius IX. born, 1792		3 49	4 52	7 0	1 40	7 49	7 26 s	8 29 ℓ
14	Tu	Battle of Crown Point, 1775		3 50	4 51	7 1	2 15	8 41	8 47 s	9 7 ℓ
15	We	Daniel O'Connell died, 1847		3 50	4 50	7 2	2 52	9 35	9 57 s	9 39 ℓ
16	Th	Mrs. Hemans died, 1835		3 49	4 49	7 3	3 33	10 33	11 5 s	10 9 ℓ
17	Fri	John Jay died, 1829		3 48	4 49	7 4	4 20	11 33	0 9† s	10 42 ℓ
18	Sa	Matamoras taken, 1846		3 46	4 48	7 4	Sets.	Ev34	1 8† s	11 18 ℓ
		20.) Sunday after Ascension.		John 15-16.		**Day's length, 14 h. 17 m.**				
19	S	Wm. E. Gladstone died, 1898		3 44	4 48	7 5	9 1	1 36	.....	2 12 s
20	Mo	Columbus died, 1506		3 41	4 47	7 6	9 56	2 35	0 5 ℓ	3 3 s
21	Tu	Dio Lewis died, 1886		3 37	4 46	7 7	10 41	4 32	0 55 ℓ	3 43 s
22	We	Alexander Pope died, 1688		3 33	4 45	7 8	11 20	4 24	1 58 ℓ	4 32 s
23	Th	Leopold von Ranke died, 1886		3 28	4 45	7 8	11 55	5 13	3 9 ℓ	5 23 s
24	Fri	Queen Victoria born, 1819		3 23	4 44	7 9	Mor.	5 59	4 22 ℓ	6 12 s
25	Sa	Convention at Philadelphia, 1787		3 18	4 43	7 10	0 25	6 42	5 31 ℓ	6 55 s
		21.) Pentecost—Whit Sunday.		John 14.		**Day's length, 14 h. 28 m.**				
26	S	John Calvin died, 1564		3 12	4 43	7 11	0 54	7 24	6 36 s	7 41 ℓ
27	Mo	Habeas Corpus enacted, 1679		3 6	4 42	7 12	1 23	8 7	7 32 s	8 14 ℓ
28	Tu	Noah Webster died, 1843		2 59	4 42	7 12	1 52	8 50	8 37 s	8 47 ℓ
29	We	Paris burned, 1871		2 52	4 41	7 13	2 22	9 34	9 36 s	9 10 ℓ
30	Th	Dr. Kane sails, 1853		2 44	4 41	7 14	2 55	10 19	10 34 s	9 34 ℓ
31	Fri	Leiter Wheat Deal closed, 1898		2 36	4 41	7 15	3 30	11 6	11 28 s	10 2 ℓ

COMMON sense is the knack of seeing things as they are, and doing things as they ought to be done.

IF a man only saw himself occasionally as others see him, he would cut his own acquaintance on the spot.

FOR WORN-OUT AND RUN-DOWN MEN.

THE pursuit of the Almighty Dollar is the bane of the universe. Men sacrifice health in the mad struggle for riches. One class works with the head—scheming, plotting, planning, executing. The other class uses the muscles—toiling, tugging, lifting, wearing out the strength. The result to each is much the same. Overwork with the brain also tires the body. Overwork with the body also tires the brain. Gradually a feeling of exhaustion, lassitude, lack of inclination to do anything comes on. The blood is giving out, and the nerves are thus being destroyed. Flesh is lost. Color leaves the cheeks. Appetite and digestion are bad. There is a tired feeling in the morning. The mouth tastes badly. The tongue is thick. No rest is felt after a night in bed. There is a desire to lie still longer. You don't want to get up. Memory becomes treacherous. Forgetfulness is common. The head feels queer. Dizziness, blurred eyesight, and a dull pain in the small of the back are common symptoms. The least exertion causes exhaustion.

What men in this condition need is **Hostetter's Stomach Bitters.** It will make the tired feeling strong again. It will put leaping, throbbing, vitalizing blood in the veins, and give the sufferer nerves of iron. The feeling of youthful days will come back. The change for the better will brighten up the outlook immediately. The Bitters acts directly upon the blood, brain and nerve forces. It stops drains, and replaces the worn and run-down tissues with the same kind of material that has been wasted. It fills the shrivelled arteries with pure and rich blood, which increases the weight in sound, healthy flesh and muscles. It fills the brain and nerves with fresh vital fluid that forces new life and vigor into every portion of the body. It builds up the entire system, and transforms the sufferer into a type of perfect health. Many have told us that the Bitters is what they often wished for, but never obtained in any other remedy.

TO A SCIENTIST.

Microbes in the kiss, you say!
Right you are, my boy;
Little germs of purest bliss,
Bacilli of joy!

LIGHT from gas, as usually obtained, is not in proportion to the gas consumed. It is more economical to have one good large gas light than several small ones. An argand burner, consuming five feet per hour, giving the light of twelve candles, six to the pound, when reduced so that only three-fourths of that quantity is burned, instead of giving the light of nine candles, the proportional quantity, produces the light of six candles only, a positive loss of thirty-six per cent. of light. A burner consuming two feet per hour gives the light of two and a quarter candles only, while a burner consuming seven and a half feet per hour gives the light of twenty-two candles, the pressure being uniformly four-tenths of an inch.

LONG LIFE.—More people over 100 years old are found in mild climates than in the higher latitudes. According to the census of the German empire, of a population of 55,000,000, only 78 have passed the hundredth year. France, with a population of 40,000,000 has 213 centenarians. In England there are 146, in Ireland 578, and in Scotland 46. Sweden has 10 and Norway 23, Belgium 5, Denmark 2, Switzerland none. Spain, with a population of 18,000,000, has 401 persons over 100 years of age. Of the 2,250,000 inhabitants of Servia, 575 persons have passed the century mark.

SIXTH MONTH.

30 DAYS.

MOON'S PHASES.

SAN FRANCISCO.

	D.	H.	M.	
FULL MOON,	2	1	43	Morning.
LAST QUARTER,	9	1	51	Evening.
NEW MOON,	16	5	24	Morning.
FIRST QUARTER,	23	0	50	Evening.

Day Month.	Day Week	HISTORICAL EVENTS.	Moon's Constellat'n	Sun Fast. M. S.	Sun Ris. H. M.	Sun Sets. H. M.	Moon Sets. H. M.	Moon South H. M.	High Water. Morn. H. M.	High Water. Even. H. M.
1	Sa	Lieut. Hobson sinks Merrimac, '98		2 27	4 40	7 15	4 11	11 55	0 17†s	10 23 l
		22.) Trinity Sunday. John 3.					**Day's length, 14 h. 36 m.**			
2	S	Treaty of Paris, 1814		2 18	4 40	7 16	Ris.	Mor.	1 14†s	11 14 l
3	Mo	Blaine resigns from Cabinet, 1892		2 9	4 39	7 16	8 31	0 45	1 53†s	11 55 l
4	Tu	Telegraph to China finished, 1871		1 59	4 39	7 17	9 14	1 35	.....	2 28 s
5	We	Oil City disaster, 1892		1 49	4 39	7 18	9 55	2 26	0 40 l	3 4 s
6	Th	Sebastopol bombarded, 1855		1 39	4 39	6 18	10 33	3 16	1 30 l	3 41 s
7	Fri	Richard M. Hoe died, 1886		1 28	4 38	7 19	11 8	4 5	2 27 l	4 27 s
8	Sa	Garfield nominated, 1880		1 16	4 38	7 19	11 41	4 54	3 37 l	5 17 s
		23.) 1st Sunday after Trinity. Luke 16.					**Day's length, 14 h. 42 m.**			
9	S	Battle of Montebello, 1800		1 5	4 38	7 20	Mor.	5 43	4 53 s	5 58 l
10	Mo	Dutch land at New York, 1667		0 53	4 38	7 20	0 14	6 33	6 16 s	6 42 l
11	Tu	Narragansett disaster, 1880		0 41	4 38	7 21	0 49	7 25	7 32 s	7 27 l
12	We	Vallandigham shot, 1871		0 29	4 38	7 21	1 28	8 19	8 53 s	8 11 l
13	Th	War Revenue Bill signed, 1898		0 16	4 38	7 22	2 11	9 16	10 11 s	8 52 l
14	Fri	Battle of Marengo, 1800		0 4	4 38	7 22	2 58	10 16	11 18 s	9 28 l
15	Sa	Father Mollinger died, 1892		Slow	4 38	7 22	3 52	11 17	0 22†s	10 12 l
		24.) 2d Sunday after Trinity. Luke 14.					**Day's length, 14 h. 45 m.**			
16	S	Joseph Butler died, 1782		0 22	4 38	7 23	Sets.	Ev 17	1 12†s	11 2 l
17	Mo	Battle of Bunker Hill, 1775		0 35	4 38	7 23	8 30	1 16	2 0†s	11 55 l
18	Tu	Gen. Sutter died, 1880		0 48	4 38	7 24	9 13	2 12	.....	2 36 s
19	We	Gen. Greene died, 1776		1 1	4 38	7 24	9 51	3 3	0 47 l	3 1 s
20	Th	Battle of Flodden Field, 1513		1 14	4 38	7 24	10 24	3 51	1 44 l	3 34 s
21	Fri	Dr. Scudder suicides, 1892		1 27	4 38	7 24	10 55	4 37	2 49 l	4 13 s
22	Sa	French Princes expelled, 1886		1 40	4 39	7 25	11 25	5 20	4 1 s	5 0 l
		25.) 3d Sunday after Trinity. Luke 15.					**Day's length, 14 h. 46 m.**			
23	S	Battle of Solferino, 1859		1 53	4 39	7 25	11 53	6 3	5 1 s	5 43 l
24	Mo	Gen. Hancock nominated, 1880		2 6	4 39	7 25	Mor.	6 46	6 10 s	6 20 l
25	Tu	Battle of Lundy's Lane, 1813		2 19	4 39	7 25	0 23	7 30	7 18 s	6 52 l
26	We	David Davis died, 1886		2 31	4 40	7 25	0 56	8 15	8 29 s	7 29 l
27	Th	Hiram Powers died, 1873		2 44	4 40	7 25	1 31	9 1	9 37 s	8 11 l
28	Fri	Str. Seewanaka burned, 1880		2 56	4 41	7 25	2 10	9 49	10 34 s	8 40 l
29	Sa	Henry Clay died, 1850		4 8	4 41	7 25	2 53	10 39	11 31 s	9 31 l
		26.) 4th Sunday after Trinity. Luke 6.					**Day's length, 14 h. 44 m.**			
30	S	Montezuma died, 1530		3 20	4 41	7 25	3 39	11 30	0 17†s	10 15 l

TOO SMALL TO LET OUT THE PAIN.

RASTUS.—No, sah, dat porous plastah won't do.

DRUGGIST.—Why not?

RASTUS.—I'se got rheumatiz powerful bad, and dese holes ain't big enough to let all the pain get out froo 'em.

'Tis sacrifice of self that binds,
Man to divinity, and lines
The angel in the clod.
Valorous deeds make men forget
Life's narrowness and selfish fret,
And point them up to God.

From HUGH M'CAFFERY, Argentine, Mich., June 2, 1898:

Dear Sirs—I have taken nine bottles of your valuable medicine for stomach complaint, and of all the medicines I have ever taken, your Hostetter's Stomach Bitters excels them all.

THE dimensions of the Capitol at Washington are: The length, 751 feet 4 inches; breadth, 121 to 324 feet; it covers 153,112 square feet. From the base line of building to the tip of statue, 287 feet 11 inches. The height of the dome above the base line on the east front is 287 feet 5 inches.

From EMANUEL T. LINDQUIST, South Williamsport, Pa., May 17, 1898:

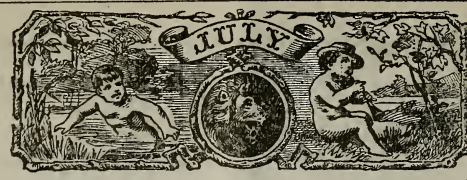
Gentlemen—I have used many bottles of Hostetter's Celebrated Stomach Bitters for the last sixteen years, and I have found it to be a good medicine.

CEMENT.—A useful cement for mending broken crockery, and for repairing various domestic articles is made of the curds of milk mixed with lime. A similar compound is formed of cheese and lime mixed with water or skim milk, and is used as a putty for joiners' work, and as a material for moulding. This is known as cheese lime.

From MARTIN GOLDSMITH, Camden, N. J., July 23, 1898:

I never hesitate in recommending Hostetter's Stomach Bitters as the acme of a good appetizer, an excellent tonic, and a preventive of many complaints.

SEVENTH MONTH



31 DAYS.

MOON'S PHASES.

SAN FRANCISCO.

	D.	H.	M.	
FULL MOON	1	3	8	Evening.
LAST QUARTER	8	7	11	"
NEW MOON	15	2	1	"
FIRST QUARTER	23	5	49	Morning.
FULL MOON	31	2	24	"

Day Month.	Day Week.	HISTORICAL EVENTS.	Moon's Constellat'n	Sun Slow.	Sun Ris.	Sun Sets.	Moon Ris.	Moon South	High Water. Morn.	High Water. Even.
				M. S.	H.M.	H.M.	H. M.	H. M.	H. M.	H. M.
1	Mo	Battle of Santiago, 1898		3 31	4 42	7 25	Ris.	Mor.	0 52†s	11 4 *l*
2	Tu	Steamer La Bourgogne sunk, 1898		3 43	4 42	7 25	7 55	0 21	1 22†s	11 48 *l*
3	We	Cervera's Fleet destroyed, 1898		3 54	4 43	7 25	8 34	1 12	.....	1 52 s
4	Th	George Ripley died, 1880		4 4	4 43	7 25	9 11	2 2	0 38 *l*	2 21 s
5	Fri	Independence of Venezuela, 1811		4 15	4 44	7 25	9 44	2 52	1 31 *l*	2 52 s
6	Sa	Labor Riot at Homestead, 1892		4 25	4 44	7 25	10 18	3 41	2 28 *l*	3 30 s
		27.) 5th Sunday after Trinity.		Luke 5.			**Day's length, 14 h. 39 m.**			
7	S	Merrimac heroes released, 1898		4 35	4 45	7 24	10 52	4 31	3 34 s	4 26 *l*
8	Mo	Gen. Zach. Taylor died, 1850		4 45	4 45	7 24	11 28	5 22	4 44 s	5 15 *l*
9	Tu	Braddock's Defeat, 1755		4 54	4 46	7 24	Mor.	6 14	6 5 s	6 1 *l*
10	We	Tobacco in England, 1586		5 3	4 47	7 24	0 7	7 8	7 27 s	6 50 *l*
11	Th	Ravachol guillotined, 1892		5 11	4 47	7 23	0 51	8 4	8 50 s	7 41 *l*
12	Fri	Cyrus W. Field died, 1892		5 19	4 48	7 23	1 41	9 3	10 7 s	8 26 *l*
13	Sa	Napoleon surrendered, 1815		5 27	4 48	7 22	2 36	10 2	11 20 s	9 15 *l*
		28.) 6th Sunday after Trinity.		Matt. 5.			**Day's length, 14 h. 33 m.**			
14	S	Bastile captured, 1789		5 34	4 49	7 22	3 39	11 1	0 15†s	10 1 *l*
15	Mo	Cawnpore Massacre, 1857		5 41	4 50	7 21	Sets.	11 58	0 59†s	10 52 *l*
16	Tu	Herschel V. Johnson died, 1880		5 47	4 51	7 21	7 47	Ev'n	1 40†s	11 42 *l*
17	We	John Jacob Astor born, 1763		5 53	4 51	7 20	8 24	1 42	.....	2 16 s
18	Th	Maximilian shot, 1867		5 58	4 52	7 20	8 55	2 29	0 33 *l*	2 35 s
19	Fri	Spanish Armada defeated, 1588		6 2	4 53	7 19	9 26	3 15	1 24 *l*	2 48 s
20	Sa	Queen Anne died, 1714		6 6	4 54	7 18	9 55	3 58	2 21 s	3 26 *l*
		29.) 7th Sunday after Trinity.		Mark 8.			**Day's length, 14 h. 24 m.**			
21	S	Robert Burns died, 1796		6 9	4 54	7 18	10 24	4 41	3 16 s	3 58 *l*
22	Mo	Council at Nice, 325		6 12	4 55	7 17	10 55	5 25	4 26 s	4 36 *l*
23	Tu	H. C. Frick shot, 1892		6 14	4 55	7 17	11 29	6 9	5 39 s	5 13 *l*
24	We	Private Iams drummed out, 1892		6 16	4 56	7 16	Mor.	6 55	6 51 s	5 51 *l*
25	Th	Battle of Aboukir, 1799		6 17	4 57	7 15	0 6	7 42	8 4 s	6 38 *l*
26	Fri	Coloridge died, 1834		6 17	4 58	7 14	0 48	8 31	9 13 s	7 19 *l*
27	Sa	Ponce, Porto Rico surrendered,'98		6 17	4 58	7 14	1 34	9 21	10 20 s	8 20 *l*
		30.) 8th Sunday after Trinity.		Matt. 7.			**Day's length, 14 h. 14 m.**			
28	S	Wilberforce died, 1833		6 16	4 59	7 13	2 26	10 13	11 10 s	9 12 *l*
29	Mo	First Almanac printed, 1472		6 15	5 0	7 12	3 21	11 4	11 53 s	10 5 *l*
30	Tu	William Penn died, 1718		6 13	5 1	7 11	4 22	11 55	0 26†s	10 52 *l*
31	We	Abbe Listz died, 1886		6 10	5 2	7 10	Ris.	Mor.	0 51†s	11 37 *l*

THERE is a good deal of difference between sitting up until twelve o'clock with a pretty girl and walking the floor until midnight with a crying baby.

THERE is a henpecked man who complains bitterly of his wife's treatment of him. He says he would apply for a divorce, only she won't let him.

IMPORTANCE OF PURE BLOOD.

AS soon as the people can be made to understand that health depends so much upon rich, red blood, there will be less sickness and fewer doctors. Every part of the body gets its nourishment from the blood. The nourishment is carried through the minute veins, and is absorbed by the surrounding tissue. The blood must not only be full of nutriment, but be freely distributed. It must leap and bound with life. It must be untainted by impurities.

Disease fastens itself upon people with thin, watery, impure blood. A vigorous, strong person retains health because there is no weak spot for disease to get a foothold. A healthy man recovers quickly from a cut, bruise or burn, because his blood is pure. But when the blood is thin, watery and impure, a slight scratch or bruise is apt to run into cancer, while a burn may turn into a malignant ulcer. This fact is so well known that no one any longer doubts it.

Weakness, emaciation and lack of vitality are often the early signs of disease. These signs are warnings that the blood needs strengthening. It needs the nutritive substances that are lacking in the system. The only way to restore strength is to restore the missing elements in the blood. As soon as these are supplied, vigor and health will come back. **Hostetter's Stomach Bitters** contains these nutritive elements in medicinal form. It gives new power to the blood and nerves. It renews flesh, muscle and strength. It supplies the red fluid in the veins with nourishing substances which feed the whole body.

These wonderful Bitters not only cures the weak and run-down, but keeps the well from becoming sick. Healthy people should take it occasionally as a precaution. It is better to shut the door in the face of disease than to leave an opening for it to enter. The Bitters puts solid muscle and flesh on thin people; invigorates and strengthens the weak, brings color to the cheek, and the flash of true health to the eye.

I HOLD it true that thoughts are things,
Endowed with bodies, breath and wings,
And that we send them forth to fill
The world with good results—or ill.

The thoughts have life; and they will fly
And leave their impress by and by,
Like some marsh breeze, whose poisoned breath
Breathes into homes its fevered breath.

SUNNY ROOMS.—Let us take the airiest, choicest, sunniest room in the house for our living room—the workshop where brain and body are built up and renewed. And there let us have a bay window, no matter how plain in structure, through which the good twin angels—sunlight and pure air—can freely enter. This window shall give freedom and scope to the sunsets, the tender green and changing tints of spring, the glow of summer, the pomp of autumn, the white of winter, storm and shine, glimmer and gloom—all these we can enjoy while we sit in our sheltered room as the changing years roll on. Dark rooms bring depression of spirits, imparting a sense of confinement, of isolation, of powerlessness, which is chilling to energy and vigor; but in light is good cheer.

BUSHELS IN A BOX.—Multiply the length, breadth and depth together, all in feet, and this product by eight, pointing off one figure in the product for decimal.

EIGHTH MONTH.

31 DAYS.

MOON'S PHASES.

SAN FRANCISCO.

	D.	H.	M.	
☾ Last Quarter,	6	11	53	Evening.
☽ New Moon,	14	0	18	Morning.
☽ First Quarter,	21	11	43	Evening.
☽ Full Moon,	29	0	12	"

Day Month.	Day Week.	HISTORICAL EVENTS.	Moon's Constellat'n	Sun Slow.	Sun Ris.	Sun Sets.	Moon Ris.	Moon South	High Water. Morn.	High Water. Even.
				M. S.	H. M.	H. M.	H. M.	H. M.	H. M.	H. M.
1	Th	Bankruptcy Law takes effect, 1898		6 7	5 3	7 9	7 45	0 46	.....	1 20 s
2	Fri	Plague in London, 1563		6 3	5 4	7 8	8 20	1 36	0 30 *l*	1 47 s
3	Sa	Atlantic Cable landed, 1858		6 58	5 5	7 7	8 54	2 27	1 23 s	2 8 *l*
		31.) 9th Sunday after Trinity.		Luke 16.			**Day's length, 14 h. 0 m.**			
4	S	Samuel J. Tilden died, 1886		5 53	5 6	7 6	9 30	3 19	2 26 s	2 42 *l*
5	Mo	Gen. Howe died, 1799		5 48	5 7	7 5	10 9	4 11	3 32 s	3 26 *l*
6	Tu	Dublin Riots, 1871		5 42	5 7	7 4	10 50	5 4	4 52 s	4 18 *l*
7	We	Riots in Belfast, 1886		5 35	5 8	7 3	11 38	5 59	6 18 s	5 14 *l*
8	Th	Napoleon banished, 1815		5 28	5 9	7 2	Mor.	6 56	7 40 s	6 8 *l*
9	Fri	William Bigler died, 1880		5 20	5 10	7 1	0 31	7 54	9 2 s	7 13 *l*
10	Sa	Greenwich Observat. founded, 1675		5 12	5 11	7 0	1 29	8 52	10 13 s	8 14 *l*
		32.) 10th Sunday after Trinity.		Luke 19.			**Day's length, 13 h. 47 m.**			
11	S	Barbadoes devastated, 1831		5 3	5 11	6 58	2 30	9 48	11 12 s	9 9 *l*
12	Mo	Peace Protocol signed, 1898		4 53	5 12	6 57	3 34	10 42	11 57 s	9 59 *l*
13	Tu	Manila captured, 1898		4 43	5 13	6 56	4 38	11 33	0 33 s	10 48 *l*
14	We	Admiral Farragut died, 1870		4 32	5 14	6 55	Sets.	Ev 21	1 2 s	11 40 *l*
15	Th	Gladstone forms Cabinet, 1892		4 21	5 15	6 54	7 26	1 8	.....	1 30 s
16	Fri	Capture of Delhi, 1857		4 9	5 15	6 52	7 56	1 52	0 30 s	1 44 *l*
17	Sa	Frederick the Great died, 1786		3 57	5 16	6 51	8 25	2 36	1 11 s	1 53 *l*
		33.) 11th Sunday after Trinity.		Luke 18.			**Day's length, 13 h. 33 m.**			
18	S	Ole Bull died, 1880		3 44	5 17	6 50	8 55	8 20	2 4 s	2 14 *l*
19	Mo	Garibaldi leaves Sicily, 1860		3 31	5 18	6 49	9 28	4 4	3 3 s	2 37 *l*
20	Tu	Chicago Anarchists convicted, 1886		3 17	5 19	6 48	10 3	3 49	4 14 s	3 14 *l*
21	We	Lafayette taken 1792		3 3	5 19	6 46	10 43	5 35	5 29 s	4 3 *l*
22	Th	New Mexico annexed, 1846		2 48	5 20	6 45	11 27	6 22	6 40 s	4 46 *l*
23	Fri	Commodore Perry died, 1820		2 33	5 21	6 44	Mor.	7 12	7 50 s	5 50 *l*
24	Sa	Gen. Myer died, 1880		2 17	5 22	6 43	0 15	8 2	8 54 s	6 56 *l*
		34.) 12th Sunday after Trinity.		Mark 7.			**Day's length, 13 h. 18 m.**			
25	S	Delaware Bay discovered, 1609		2 1	5 23	6 41	1 9	8 53	9 51 s	8 3 *l*
26	Mo	Castelar elected, 1873		1 44	5 24	6 40	2 8	9 45	10 38 s	9 4 *l*
27	Tu	Battle of Long Island, 1776		1 28	5 25	6 38	3 9	10 36	11 18 s	10 4 *l*
28	We	First Locomotive in U. S., 1830		1 10	5 26	6 37	4 13	11 28	11 48 s	10 58 *l*
29	Th	Garibaldi captured, 1862		0 53	5 27	6 35	Ris.	Mor.	0 16 s	11 52 *l*
30	Fri	Dr. Webster hung, 1850		0 35	5 28	6 34	6 53	0 20	.....	0 25 *l*
31	Sa	George Wm. Curtis died, 1892		0 16	5 28	6 32	7 30	1 12	0 43 s	0 51 *l*

A WRITER describes a lover as a man who, in his anxiety to obtain possession of another, loses possession of himself.

COMPARED with what a man wants in this world, it is surprising how little he can manage to get along with.

ONE ON THE DOCTOR.

LADY OF THE HOUSE.—Here is my bill against you, doctor.

DOCTOR (surprised).—Bill against me? Why, it's I who have a bill against you for treating your child.

LADY OF THE HOUSE.—Not much. My boy brought the whooping cough to this neighborhood, and is entitled to a commission on each of your patients.

From D. B. M'CABE, Bay Mills, Mich., February 16, 1898:

Dear Sirs—Having used Hostetter's Stomach Bitters, I have found it a great preventive as well as a remedy for malarial affections.

CONSTANT coughing is precisely like scratching a wound on the outside of the body; so long as it is done the wound will not heal. Let a person when tempted to cough draw a long breath, and hold it until it warms and soothes every air cell, and some benefit will soon be received from this process.

From DR. S. W. KELLENS, Birdseye, Ind., May 26, 1898:

Dear Sirs—I continue to handle Hostetter's Celebrated Stomach Bitters, and could not consistently practice medicine without it.

WHEN President Washington dined at four, new members of Congress invited to dine at the White House would sometimes arrive late, and be mortified to find the president eating. "My cook," Washington would say, "never asks if the visitors have arrived, but if the hour has arrived."

From GEO. F. NEALLEY, M. D., Lansing, Kan., February 25, 1898:

We have a larger sale for Hostetter's Stomach Bitters than for any other one proprietary medicine in our store, and is wholly used as a medicine.

From W. M. MERCER, M. D., Corunna, Ind., May 20, 1898:

The old reliable Hostetter's Stomach Bitters; as long as I dispense drugs am compelled to keep it.

NINTH MONTH.

30 DAYS.

MOON'S PHASES.	SAN FRANCISCO. D.	H.	M.	
☾ LAST QUARTER,	5	5	18	Morning.
● NEW MOON,	12	1	9	Evening.
☽ FIRST QUARTER,	20	5	24	"
○ FULL MOON.	27	9	26	"

Day Month.	Day Week.	HISTORICAL EVENTS.	Moon's Constellat'n	Sun Fast. M. S.	Sun Ris. H. M.	Sun Sets. H. M.	Moon Ris. H. M.	Moon South H. M.	High Water. Morn. H. M.	High Water. Even. H. M.
		35.) 13th Sunday after Trinity. Luke 10. **Day's length, 13 h. 2 m.**								
1	S	Cetewayo captured, 1879		0 2	5 29	6 31	8 9	2 4	1 41 s	1 15 *l*
2	Mo	Great Fire in London, 1666		0 22	5 30	6 29	8 49	2 59	2 41 s	1 47 *l*
3	Tu	Oliver Cromwell died, 1658		0 41	5 31	6 28	9 35	3 55	3 47 s	2 39 *l*
4	We	Fahrenheit died, 1776		1 1	5 32	6 26	10 28	4 52	5 2 s	3 35 *l*
5	Th	Cholera in London, 1854		1 21	5 32	6 25	11 24	5 49	6 29 s	4 45 *l*
6	Fri	Battle of Leipsic, 1631		1 41	5 33	6 23	Mor.	6 47	7 45 s	5 56 *l*
7	Sa	John G. Whittier died, 1892		2 1	5 34	6 22	0 25	7 43	8 54 s	7 7 *l*
		36.) 14th Sunday after Trinity. Luke 17. **Day's length, 12 h. 45 m.**								
8	S	Capture of Sebastopol, 1855		2 21	5 35	6 20	1 26	8 36	9 55 s	8 10 *l*
9	Mo	United States first so called, 1776		2 42	5 36	6 19	2 28	9 27	10 44 s	9 8 *l*
10	Tu	Perry's Victory, 1813		3 2	5 36	6 17	3 30	10 16	11 22 s	10 1 *l*
11	We	Battle of Brandywine, 1777		3 23	5 37	6 16	4 31	11 3	11 51 s	10 50 *l*
12	Th	Judge Thos. M. Cooley died, 1898		3 44	5 38	6 14	5 29	11 48	0 14 *l*	11 31 s
13	Fri	Lorenzo Snow Mormon prest., '98		4 5	5 39	6 12	Sets.	Ev 31	.....	0 36 *l*
14	Sa	Humboldt born, 1769		4 26	5 40	6 11	6 57	1 15	0 22 s	0 40 *l*
		37.) 15th Sunday after Trinity. Matt. 6. **Day's length, 12 h. 28 m.**								
15	S	Gen. Scott takes Mexico, 1847		4 47	5 41	6 9	7 29	1 59	1 13 s	0 47 *l*
16	Mo	Moscow burned, 1812		5 8	5 42	6 8	8 4	2 44	2 6 s	1 6 *l*
17	Tu	Rev. Dr. John Hall died, 1898		5 29	5 43	6 6	8 41	3 29	3 3 s	1 37 *l*
18	We	Winnie Davis died, 1898.		5 50	5 44	6 5	9 21	4 16	4 2 s	2 8 *l*
19	Th	First Battle of Paris, 1870		6 11	5 45	6 3	10 8	5 4	5 13 s	3 13 *l*
20	Fri	Bishop Hobart died, 1831		6 33	5 45	6 2	10 59	5 53	6 18 s	4 20 *l*
21	Sa	Robert Emmett hung, 1803		6 54	5 46	6 0	11 53	6 42	7 18 s	5 30 *l*
		38.) 16th Sunday after Trinity. Luke 7. **Day's length, 12 h. 12 m.**								
22	S	Planet Neptune discovered, 1846		7 15	5 47	5 59	Mor.	7 33	8 12 s	6 33 *l*
23	Mo	Andre arrested, 1780		7 36	5 48	5 57	0 52	8 23	9 6 s	7 52 *l*
24	Tu	Pope Innocent died, 1143		7 56	5 49	5 56	1 53	9 14	9 52 s	9 2 *l*
25	We	Pacific Ocean discovered, 1513		8 17	5 49	5 54	2 58	10 6	10 28 s	10 4 *l*
26	Th	Philadelphia taken, 1777		8 38	5 50	5 53	4 6	10 58	11 0 *l*	11 18 s
27	Fri	Steamer Arctic lost, 1854		8 58	5 51	5 51	5 17	11 51	11 19 *l*	.....
28	Sa	Thos. F. Bayard died, 1898		9 18	5 52	5 49	Ris.	Mor.	0 9 s	11 28 *l**
		39.) 17th Sunday after Trinity. Luke 14. **Day's length, 11 h. 55 m.**								
29	S	South Sea Bubble, 1720		9 38	5 53	5 48	6 46	0 46	0 54 s	11 55 *l**
30	Mo	John Hay Secretary of State, 1898		9 58	5 54	5 46	7 31	1 43	1 55 s	0 28 *l*

IN AMERICA

bodies seem to wear out quicker than anywhere else. In the struggle for wealth, the stomach is neglected . . .

Dyspepsia, Indigestion,
Constipation, Biliousness,
Sleeplessness,
Liver and Kidney Disorders,
Malaria, Fever and Ague

are the result. A strong stomach is essential to good health.

Hostetter's Stomach Bitters *for fifty years past has been making strong stomachs. It is a blood purifier, an appetizer—a nerve tonic.*

It Stimulates the Kidneys

wakes up sluggish livers. All druggists sell it. See that a....

Private Revenue Stamp

covers the neck of the bottle

Hostetter's Stomach Bitters

TENTH MONTH.

31 DAYS.

MOON'S PHASES.

SAN FRANCISCO.

	D.	H.	M.	
☾ LAST QUARTER,	4	0	43	Evening.
☽ NEW MOON,	12	5	2	Morning.
☽ FIRST QUARTER,	20	9	48	"
☽ FULL MOON,	27	6	57	"

Day Month.	Day Week.	HISTORICAL EVENTS.	Moon's Constellat'n	Sun Fast.	Sun Ris.	Sun Sets.	Moon Ris.	Moon South	High Water. Morn.	High Water. Even.
				M. S.	H M.	H. M.	H. M.	H. M.	H. M.	H. M.
1	Tu	Fulton's First Steamboat Trip,1807		10 17	5 55	5 45	8 22	2 43	2 54 s	1 5 l
2	We	Major Andre hung, 1780		10 36	5 56	5 43	9 18	3 42	3 59 s	2 4 l
3	Th	Battle of Wurtemberg, 1813		10 55	5 57	5 42	10 19	4 41	5 4 s	3 19 l
4	Fri	George Bancroft born, 1800		11 13	5 58	5 40	11 21	5 39	6 17 s	4 38 l
5	Sa	Battle with Pillager Indians, 1898		11 31	5 58	5 39	Mor.	6 33	7 26 s	5 50 l
		40.) 18th Sunday after Trinity.		Matt. 22.		**Day's length, 11 h. 38 m**				
6	S	Alfred Tennyson died, 1892		11 49	5 59	5 37	0 23	7 24	8 24 s	7 2 l
7	Mo	Edgar A. Poe died, 1849		12 6	6 0	5 36	1 25	8 14	9 16 s	8 11 l
8	Tu	Great Fire in Chicago, 1871		12 23	6 1	5 34	2 25	9 0	10 1 s	9 9 l
9	We	Florida purchased, 1820		12 40	6 2	5 33	3 25	9 45	10 33 s	10 0 l
10	Th	Shiras installed Justice, 1892		12 56	6 3	5 31	4 23	10 28	10 56 l	10 30 s
11	Fri	Gen. Pulaski died, 1799		13 11	6 4	5 30	5 18	11 12	11 44 l	11 17 s
12	Sa	Virden, Ills., Miners' Riot, 1898		13 26	6 5	5 28	Sets.	11 56	11 59 l	.....
		41.) 19th Sunday after Trinity.		Matt. 9.		**Day's length, 11 h. 21 m.**				
13	S	Murat shot, 1815		13 41	6 6	5 27	6 3	Ev 40	0 10 s	0 2 l
14	Mo	Battle of Jena, 1806		13 55	6 7	5 25	6 41	1 25	1 3 s	0 31 l
15	Tu	Bank Panic, 1857		14 8	6 8	5 24	7 21	2 12	1 56 s	0 30 l
16	We	John Brown's Raid, 1859		14 21	6 9	5 22	8 5	2 59	2 47 s	0 53 l
17	Th	Burgoyne surrendered, 1777		14 34	6 10	5 21	8 52	3 47	3 44 s	1 44 l
18	Fri	Sovereignty over Porto Rico, 1898		14 45	6 11	5 20	9 43	4 36	4 40 s	2 42 l
19	Sa	Moscow evacuated, 1812		14 56	6 12	5 19	10 40	5 24	5 41 s	3 53 l
		42.) 20th Sunday after Trinity.		Matt. 22.		**Day's length, 11 h. 4 m.**				
20	S	Lydia M. Child died, 1880		15 7	6 13	5 17	11 39	6 13	6 37 s	5 3 l
21	Mo	World's Fair dedicated, 1892		15 17	6 14	5 16	Mor.	7 2	7 30 s	6 16 l
22	Tu	Edict of Nantes revoked, 1685		15 26	6 15	5 15	0 40	7 52	8 19 s	7 29 l
23	We	Irish Rebellion, 1641		15 35	6 16	5 14	1 45	8 43	9 6 s	8 42 l
24	Th	Partition of Poland, 1795		15 43	6 17	5 12	2 52	9 35	9 46 l	10 4 s
25	Fri	Mrs. A. T. Stewart died, 1886		15 50	6 18	5 11	4 1	10 28	10 13 l	11 3 s
26	Sa	Hogarth died, 1765		15 57	6 19	5 9	5 12	11 25	10 40 l	.....
		43.) 21st Sunday after Trinity.		John 4.		**Day's length, 10 h. 48 m.**				
27	S	Brutus died, 45 B. C.		16 3	6 20	5 8	Ris.	Mor.	0 6 s	11 7 l*
28	Mo	Bartholdi Statue unveiled, 1886		16 8	6 21	5 7	6 9	0 25	1 7 s	11 25 l*
29	Tu	Col. Geo. E. Waring died, 1898		16 12	6 22	5 6	7 7	1 26	1 51 s	0 0 l
30	We	Gov. Andrew died, 1867		16 15	6 23	5 4	8 6	2 28	2 54 s	0 48 l
31	Th	Nevada becomes a State, 1864		16 18	6 24	5 3	9 9	3 28	3 48 s	1 48 l

THE church's ordinances of feasts and fasts are tolerably well kept up. The rich keep the feasts and the poor the fasts.

LORD BROUGHAM defined a lawyer as a "legal gentleman who rescues your estate from your enemies and keeps it himself."

DANGERS OF STUBBORN BOWELS.

IF you should ask your physician what disease of all others was the most common, he would tell you constipation or costiveness. It is a universal ailment. There is not one person in ten whose bowels are as regular as they should be. There ought to be at least one movement a day, so that the poisonous, waste matter can be expelled. The trouble is usually caused in the beginning by lack of sufficient exercise, and very often results because Nature's calls are not answered promptly. This condition is permitted to run on until the nerves and muscles in the bowels and rectum become partially paralyzed.

Liver pills and purgatives of various names are more of an aggravation than anything else. The attempt to force Nature, and the reaction that follows leaves the condition worse than before.

If a piece of machinery runs with difficulty, you do not put on steam and force it into more rapid motion. You simply put a drop of oil here and there, and then the difficulty is overcome. In a similar manner you should treat constipation.

Hostetter's Stomach Bitters acts upon the stomach as a drop of oil in the dry bearings of machinery. It gives Nature the slight assistance needed to set the refuse matter in motion. There is no violent griping or tearing, but a gentle, coaxing action that is pleasing to the patient. In exceptionally severe and chronic cases, a cure cannot be brought about in a day, but ultimate recovery is assured if the Bitters are taken regularly and persistently. This remedy is soothing and strengthening to the nerves and muscles of the bowels and rectum, which it restores to a normal condition, and Nature then steps in and performs her duties without further assistance. A cure like this is permanent.

GIVE fools their gold and knaves their power;
Let fortune's bubbles rise and fall;
Who sows a field or trains a flower,
Or plants a tree, is more than all.

REED'S JOKE.—Speaker Reed wished to see a man on some pending legislation, and telegraphed him to come to Washington. The man took the first train, but a washout on the road made it impossible for the train to proceed further. Going to a telegraph station he sent this dispatch to the speaker: "Washout on line. Can't come." When Mr. Reed read the message he sent back this reply: "Buy a new shirt and come anyway."

DEFINITIONS.—Tennyson could take a worthless sheet of paper, and by writing a poem on it, make it worth $65,000—that's Genius. Vanderbilt could write a few words on a sheet of paper, and make it worth $5,000,000—that's Capital. The United States can take an ounce and a quarter of gold and stamp an "eagle bird," and make it worth $20—that's Money. The mechanic can take the material worth $5, and make into a watch worth $100—that's Skill. The merchant can take an article worth 75 cents and sell it for $1—that's Business. The ditch digger works ten hours a day, and shovels three or four tons of earth for $2—that's Labor.

MEASURES.—A palm is 3 inches; a hand (horse measure) is 4 inches; a span is 10⅞ inches; a cubit is 2 feet; a pace is 3 feet; a fathom is 6 feet; a great cubit is 11 feet; 16½ feet equal 1 rod; 40 rods 1 furlong; 8 furlongs 1 mile; 90 geographical miles 1 degree; 1 mile is 5,280 feet, or 1,760 yards in length; a league is 3 miles; a day's journey is 33½ miles; a Sabbath day's journey in the Bible 1,155 yards.

Eleventh MONTH.

30 DAYS.

MOON'S PHASES.	SAN FRANCISCO. D.	H.	M.	
☾ LAST QUARTER	2	11	15	Evening.
☽ NEW MOON	10	11	25	"
☽ FIRST QUARTER	19	0	14	Morning.
☽ FULL MOON	25	5	8	Evening.

Day Month.	Day Week.	HISTORICAL EVENTS.	Moon's Constellat'n	Sun Fast. M. S.	Sun Ris. H.M.	Sun Sets. H.M.	Moon Ris. H. M.	Moon South H. M.	High Water. Morn. H. M.	High Water. Even. H. M.
1	Fri	Gen. Scott resigns, 1861		16 20	6 25	5 2	10 13	4 26	4 4 *s*	3 51 *l*
2	Sa	Vienna Exposition closed, 1863		16 21	6 26	5 1	11 18	5 20	5 53 *s*	4 21 *l*
		44.) 22d Sunday after Trinity. Matt 18. **Day's length, 10 h. 33 m.**								
3	S	Napoleon III. surrenders, 1870		16 22	6 27	5 0	Mor.	6 11	6 55 *s*	5 33 *l*
4	Mo	George Peabody died, 1869		16 21	6 28	4 59	0 19	6 58	7 47 *s*	6 43 *l*
5	Tu	David A. Wells died, 1898		16 20	6 29	4 58	1 19	7 44	8 33 *s*	7 50 *l*
6	We	Gen. Meade died, 1872		16 18	6 30	4 57	2 16	8 27	9 14 *l*	8 42 *s*
7	Th	Battle of Tippecanoe, 1811		16 14	6 31	4 56	3 13	9 10	9 47 *l*	9 39 *s*
8	Fri	Cleveland elected President, 1892		16 10	6 32	4 55	4 9	9 54	10 21 *l*	10 33 *s*
9	Sa	Duke of Marlborough died, 1892		16 6	6 34	4 54	5 4	10 38	10 43 *l*	11 25 *s*
		45.) 23d Sunday after Trinity. Matt. 22. **Day's length, 10 h. 18 m.**								
10	S	Martin Luther born, 1483		16 0	6 35	4 53	6 1	11 23	10 59 *l*	.....
11	Mo	Lucretia Mott died, 1880		15 54	6 36	4 52	Sets.	Ev 9	0 17 *s*	11 4 *l**
12	Tu	Lucknow captured, 1857		15 46	6 37	4 51	6 2	0 56	1 8 *s*	11 14 *l**
13	We	French enter Vienna, 1805		15 38	6 38	4 50	6 48	1 44	2 0 *s*	0 0 *l*
14	Th	Charles Carroll died, 1832		15 30	6 39	4 50	7 40	2 32	2 41 *s*	0 43 *l*
15	Fri	Fort Mifflin taken, 1777		15 20	6 40	4 49	8 33	3 20	3 21 *s*	1 33 *l*
16	Sa	Tea destr'd in Boston Harbor, 1773		15 9	6 41	4 48	9 31	4 8	4 2 *s*	2 28 *l*
		46.) 24th Sunday after Trinity. Matt. 9. **Day's length, 10 h. 5 m.**								
17	S	Bank of England founded, 1693		14 57	6 42	4 47	10 29	4 56	4 53 *s*	3 39 *l*
18	Mo	John E. W. Keely died, 1898		14 45	6 43	4 47	11 30	5 44	5 45 *s*	4 55 *l*
19	Tu	Gen. Don Carlos Buell died, 1898		14 32	6 45	4 46	Mor.	6 32	6 33 *s*	6 9 *l*
20	We	Chloroform first used, 1847		14 18	6 46	4 46	0 34	7 21	7 18 *l*	7 30 *s*
21	Th	Charles Francis Adams died, 1886		14 3	6 47	4 45	1 40	8 13	7 56 *l*	8 46 *s*
22	Fri	Sentence of Queen Mary, 1586		13 48	6 48	4 45	2 48	9 6	8 39 *l*	10 5 *s*
23	Sa	France a Republic, 1792		13 32	6 49	4 44	3 58	10 4	9 13 *l*	11 13 *s*
		47.) 25th Sunday after Trinity. John 6. **Day's length, 9 h. 54 m.**								
24	S	John Knox died, 1572		13 15	6 50	4 44	5 10	11 4	9 46 *l*	.....
25	Mo	Sir Henry Havlock died, 1857		12 57	6 51	4 43	6 22	Mor.	0 12 *s*	10 19 *l**
26	Tu	East India Co. incorporated, 1700		12 39	6 52	4 43	Ris.	0 6	1 13 *s*	10 53 *l**
27	We	Chas. W. Couldock died, 1898		12 19	6 53	4 43	6 51	1 9	1 53 *s*	11 44 *l**
28	Th	Washington Irving died, 1859		11 59	6 54	4 42	7 57	2 10	2 42 *s*	0 39 *l*
29	Fri	King of Spain married, 1879		11 38	6 55	4 42	9 2	3 8	3 27 *s*	1 39 *l*
30	Sa	Gen. Jefferson C. Davis died, 1879		11 17	6 56	4 41	10 7	4 2	4 13 *s*	2 51 *l*

"SOME men preach," said Sydney Smith, "as if they thought sin was to be taken out of a man as Eve was taken out of Adam —by casting him into a profound slumber."

IT costs as much to move one ton over ordinary country roads as to move the same weight 25 miles by electric cars, 250 miles by railroad, or 1250 miles by steamship.

BRIDGET'S FORESIGHT.

MISTRESS.—Why, Bridget, you surely don't consider these windows washed?

BRIDGET.—Sure, I washed this finely on the inside, mum, so yez can look out; but I intintionally lift thim a little dirthy on the outside, so thim aignorant Jones children next door could'nt look in.

From DR. A. C. MATCHETTE, Bourbon, Ind., May 20, 1898:

Hostetter's is always a family word. The older the better, and the more it is demanded by our customers. Once used always used; as much a necessity as bread in a family.

I WOULD rather make people religious through their best feelings than their worst, through their gratitude and affections rather than their fears and calculations of risk and punishment.—*Lord Lytton.*

THE VALUE OF LIGHT.—It should be remembered that light is an element of cheerfulness as well as a health-giving principle, and should therefore be admitted to the sick-room in as great abundance as can be comfortably borne by the patient. The eyes may be protected from the direct rays of light by the intervention of screens or curtains. The walls of the room should also be of a cheerful tint. There is an inspiring influence to the sick afforded by pleasant variety.

From J. S. PASCHAL, M. D., Stout, Texas, January 18, 1898:

We sell more of your medicine than ever. I think it is a good medicine, and I recommend it to the people.

REMINISCENCE is the soul's searchlight; by it we discern that some of youth's vices were virtues, and that some of its virtues were vices.

From DR. W. M. GUICE, Winnsboro, La., April 21, 1898:

Hostetter's Stomach Bitters are prescribed by the proprietor at this place as a tonic and liver regulator.

Twelfth MONTH.

31 DAYS.

MOON'S PHASES.

SAN FRANCISCO.

	D.	H.	M.	
☾ LAST QUARTER,	2	1	40	Evening.
☽ NEW MOON,	10	6	44	"
☾ FIRST QUARTER,	18	0	26	"
☽ FULL MOON,	25	4	7	Morning

Day Month.	Day Week.	HISTORICAL EVENTS.	Moon's Constellat'n	Sun Fast.	Sun Ris.	Sun Sets.	Moon Ris.	Moon South	High Water. Morn.	High Water. Even.
				M S.	H.M.	H. M.	H. M.	H. M.	H.M.	H. M.
48.)		**1st Sunday in Advent.**		Matt. 21.			Day's length, 9 h. 44 m.			
1	S	Czar's life attempted, 1879		10 55	6 57	4 41	11 8	4 53	5 5s	4 8 *l*
2	Mo	Jay Gould died, 1892		10 32	6 58	4 41	Mor.	5 40	5 58s	5 21 *l*
3	Tu	Revolution in England, 1688		10 8	6 59	4 41	0 8	6 25	6 45 *l*	6 25s
4	We	Richelieu died, 1642		9 44	6 59	4 41	1 7	7 9	7 30 *l*	7 33s
5	Th	Hayti discovered, 1492		9 20	7 0	4 41	2 4	7 52	8 12 *l*	8 36s
6	Fri	Diet at Worms, 1640		8 55	7 1	4 41	3 0	8 36	8 46 *l*	9 40s
7	Sa	Marshal Ney shot, 1816		8 29	7 2	4 41	3 55	9 20	9 14 *l*	10 39s
49.)		**2d Sunday in Advent.**		Luke 21.			Day's length, 9 h. 38 m.			
8	S	Father Matthew died, 1857		8 3	7 3	4 41	4 51	10 6	9 39 *l*	11 31s
9	Mo	John Milton born, 1608		7 36	7 4	4 41	5 44	10 52	10 5 *l*	.....
10	Tu	Peace Treaty signed, 1698		7 8	7 5	4 41	6 35	11 40	0 21s	10 24 *l**
11	We	Gen. Garcia of Cuba died, 1898		6 40	7 6	4 41	Sets.	Ev 29	1 1s	11 3 *l**
12	Th	Bazaine sentenced, 1873		6 12	7 7	4 41	6 28	1 18	1 40s	11 52 *l**
13	Fri	Samuel Johnson died, 1784		5 44	7 7	4 41	7 25	2 6	2 14s	0 40 *l*
14	Sa	Washington died, 1799		5 15	7 8	4 42	8 23	2 54	2 46s	1 32 *l*
50.)		**3d Sunday in Advent.**		Matt. 11.			Day's length, 9 h. 34 m.			
15	S	Calvin S. Brice died, 1898		4 47	7 8	4 42	9 23	3 42	3 19s	2 29 *l*
16	Mo	The Virginius surrenders, 1873		4 17	7 9	4 42	10 24	4 29	3 59s	3 35 *l*
17	Tu	Wood Engraving invented, 1460		3 48	7 10	4 42	11 27	5 16	4 45s	4 40 *l*
18	We	N. J. adopted Constitution, 1787		3 19	7 10	4 43	Mor.	6 4	5 30 *l*	5 43s
19	Th	Battle of Niagara, 1813		2 49	7 11	4 43	0 31	6 56	6 23 *l*	7 13s
20	Fri	Louis Napoleon President, 1848		2 19	7 11	4 44	1 37	7 49	7 10 *l*	8 36s
21	Sa	John Newton died, 1807		1 49	7 12	4 44	2 46	8 45	7 55 *l*	9 55s
51.)		**4th Sunday in Advent.**		John 1.			Day's length, 9 h. 33 m.			
22	S	George Eliot died, 1880		1 19	7 12	4 45	3 56	9 45	8 36 *l*	11 2s
23	Mo	Dr. M'Glynn restored, 1892		0 49	7 13	4 45	5 5	10 47	9 18 *l*	.....
24	Tu	Treaty of Ghent, 1814		0 20	7 13	4 46	6 12	11 49	0 12s	9 52 *l**
25	We	Jacob Henrici died, 1892		Slow	7 14	4 46	Ris.	Mor.	0 52s	10 39 *l**
26	Th	Gen. Logan died, 1886		0 40	7 14	4 47	6 40	0 49	1 37s	11 33 *l**
27	Fri	William H. Dixon died, 1879		1 10	7 14	4 48	7 48	1 47	2 21s	0 26 *l*
28	Sa	Tay Bridge disaster, 1879		1 39	7 15	4 48	8 53	2 41	3 0s	1 23 *l*
52.)		**Sunday after Christmas.**		Matt. 1.			Day's length, 9 h. 34 m.			
29	S	William E. Gladstone born, 1809		2 8	7 15	4 49	9 55	3 31	3 37s	2 26 *l*
30	Mo	Epes Sargent died, 1879		2 38	7 16	4 49	10 55	4 18	4 16s	3 38 *l*
31	Tu	Battle of Quebec, 1775		3 7	7 16	4 50	11 54	5 5	5 2 *l*	4 42s

To accept and believe a statement without adequate and dispassionate investigation is an intellectual crime of the first order.

A SMILE for a friend and a sneer for the world is the best way yet found to govern mankind.

PROPER TREATMENT OF RHEUMATISM.

PERHAPS no disease that afflicts mankind is more difficult to cure than rheumatism. It hangs on so stubbornly that ordinary remedies fail to do more than give temporary relief. The failure is often due to a wrong understanding of the disease. It is a blood disorder, and can be cured only by freeing the blood of the acids and poisons that set up the inflammation and swelling.

Do not imagine for a moment that a cure can be effected with oils or liniments. The seat of trouble is inside the veins, and must be driven out through the kidneys and pores of the skin.

Hostetter's Stomach Bitters is the favorite remedy for rheumatism, both acute and chronic. Its beneficial action upon the kidneys is the immediate cause of its success, and the secondary cause is to be found in the fact that the Bitters quickens the circulation of the blood, and sets up a genial bodily warmth. In this manner the pores are opened, permitting the virus that produces rheumatism to pass off. Thus a permanent cure is brought about, and by taking an occasional dose of the Bitters when the weather is cold or damp, a recurrence of rheumatic pains is unlikely.

It is not wise to permit rheumatism to run along from season to season. The best and quickest time to cure it is at the start. Then it is easy, but when this painful disease gets a deep foothold, many weeks' treatment are necessary to eradicate it from the system.

A sufferer can take the Bitters in the happy knowledge that it will build up the strength and vitality at the same time that it is driving the acids and poisons from the joints, and in this manner accomplish a double blessing for the sufferer.

LIFE is but a working day,
Whose tasks are set aright;
A time to work, a time to play,
And then a quiet night.
And then, please God, a quiet night,
Whose palms are green and robes are white,
A long drawn breath, a balm for sorrow,
And all things lovely on the morrow.

To remove furniture bruises, wet the part with warm water; double a piece of brown paper five or six times, soak and lay it on the place; apply on that a hot flat iron till the moisture is evaporated. If the bruise be not gone, repeat the process, and after two or three applications the dent or bruise will be raised level with the surface. Keep it continually wet, and in a few minutes the bruise will disappear.

A DEGREE of longitude at the equator is 69.16 miles long; on the 10th parallel of north or south latitude, 68.12; latitude 20°, 65.02; 30°, 59.94; 40°, 53.05; 50°, 41.54; 60°, 34.67; 70°, 23.72; 80°, 12.05; at the pole (90°), nothing. Intermediate degrees, as 42°, 54°, &c., can be easily computed from these, and are sometimes useful in ascertaining distances east and west in direct lines. The several lengths given are, however, calculated as for a regular sphere, and so are not precisely accurate for the irregular ellipsoid which the earth is.

THE greatest artificial height in the world is the Eiffel tower, in Paris, 984 feet high. Next come the Washington Monument, in Washington City, 555 feet; Cologne Cathedral, 521; Rouen Cathedral, 492; Pyramid of Cheops, near Cairo, Egypt, 478; Antwerp Cathedral, 476; Strasburg Cathedral, 465; Pyramid of Cephrenes, near Cairo, 456; Vienna Cathedral, 450; St. Peter's, Rome, 432; St. Martin's Church, Landshut, Germany, 411; Salisbury Cathedral, 400; St. Paul's, London, 365.

TO THOSE WHO CAN'T SLEEP.

WHEN a man is awake, his nerves are doing constant work. They are being worn out. Waste energy and vital forces are being expended. Sleep restores what is lost in waking hours. Without sleep man cannot long survive.

Sleep is not unconsciousness alone. Sleep produced by opiates is artificial. It does not rest and restore brain and nerves. Opiates are dangerous and deadly. They make physical and nervous wrecks. Sleeplessness is caused by the nerve forces being exhausted faster than Nature replenishes them.

Hostetter's Stomach Bitters is an invaluable specific for sleeplessness. It induces restful and refreshing sleep by Nature's own methods. The well-regulated digestive organs, enriched blood and increased circulation strengthen the nerves, calm the mind, warm up the extremities, and enable the entire system to relax into a peaceful slumber common to healthy children.

Insomnia is a dreadful affliction. It often induces insanity. It wears out the sufferer's life. To toss about in bed, unable to relapse into peaceful repose, is something which is perilous to neglect. Hostetter's Stomach Bitters is the best thing you can take to effect a permanent cure. It has been successful in many cases pronounced incurable by leading physicians. It cures because it reaches deep, and takes hold of the cause itself.

Hostetter's Stomach Bitters is perfectly safe in all conditions of sleeplessness. It contains not a single atom of mineral or poison. Nature herself furnishes the ingredients of this great remedy, and Nature makes no mistakes.

No man or woman afflicted with insomnia should feel the least hesitancy in taking this medicine. It can do no possible injury. It can do nothing but good. No matter how chronic the disease may be, relief will follow a persistent course of treatment with the Bitters.

GOD keep us through our common days,
The level stretches white with dust,
When thought is tired, and hands up-raise
Their burdens feebly, since they must.
In days of slowly fretting care,
Then most we need the strength of prayer.

TO PREVENT GLASS BREAKING.—Place lamp chimneys, tumblers and such articles in a pot filled with cold water, to which some common table salt has been added. Boil the water well, and allow it to cool slowly. When the articles are taken out and washed, they will resist any sudden change of temperature.

TO REDUCE HEAT IN A ROOM.—If the heat of a room which is occupied by an invalid is oppressive, it may be greatly lessened by hanging in the open windows some towels or canvas well wetted. Water, in passing from a liquid to a gaseous state, absorbs caloric. The chemical process will lower, in a few minutes, the temperature of a room by five or six degrees, and the humidity distributed to the air makes the heat more supportable.

THE average pitch of large rivers, excluding cascades, is seldom more than one foot to the mile, and sometimes but one-third of that. The pitch of the Mississippi, from Memphis to the mouth, is said to be but 4.82 inches per mile.

A MAN scans with scrupulous care the character and pedigree of his horses, cattle and dogs before mating them; but when it comes to his own marriage, he rarely or never takes any such care.—*Darwin.*

TO BE KEPT IN THE HOUSE CONSTANTLY.

IN a large measure **Hostetter's Stomach Bitters** is an internal cleanser, just as a fine toilet soap is an external cleanser. The remedy is needed frequently just the same as soap. It clears the blood of impurities, keeps poison out of the system, and thoroughly cleanses the bowels of the waste matter left after nutrition is extracted.

The Bitters should be kept in the house constantly, and taken at regular intervals. In this manner only are perfect health and internal cleanliness possible. At the first sign of any disorder of the stomach, liver, blood, nerves or urinary organs, a dose or two of the Bitters will accomplish as much as a whole bottle later on.

Hostetter's Stomach Bitters is a good medicine for every member of the family, but in old age its virtues are particularly marked. As men and women get further along toward the end of life's pathway, the flame of vigor begins to dim. Energy and strength fade away almost imperceptibly, and if nothing be done to aid Nature, the end will not be far away. The Bitters in such cases is of peculiar benefit, setting up a new and vigorous frame of body, stimulating the organs to renewed activity, and insuring a plentiful supply of oxygen, which is so essential to permanent strength.

Those who easily catch cold, and who can hardly look out of the window on cold, raw days without sneezing, will find the Bitters exactly the medicine that their systems require. It will put their blood in proper condition to withstand draughts and dampness, and give them the resisting power to defy draughts and colds.

No medicine known to science equals Hostetter's Stomach Bitters as an all-round home and family remedy. It is meant for the masses who need a reliable preparation for the common ailments of the human family, and is sold by all dealers at a price which puts it within the power of all to enjoy the blessings it bestows.

"FATHER, who travels the road so late?"
Hush, my child, 'tis the candidate;
Fit example for human woes—
Early he comes and early he goes;
He greets the women with courtly grace,
He kisses the baby's dirty face,
He calls to the fence the farmers at work,
He bores the merchant, he bores the clerk,
The blacksmith, while his anvil rings,
He greets, and this is the song he sings—
"Howdy, howdy, howdy do?
How is your wife, and how are you?
Ah! it fits my fist as no other can,
The horny fist of a workingman."

THE egg is considered one of the best remedies for dysentery. Beaten up slightly with or without sugar, and swallowed at a gulp, it tends, by its emollient qualities to lessen the inflammation of the stomach and intestines, and by forming a transient coating on these organs, to enable nature to resume her healthful sway over a diseased body. Two, or at most three eggs per day, would be all that is required in ordinary cases.

WINTERING PLANTS.—Plants are placed in the cellar to rest, not to grow. Nothing is more harmful to them when thus stored away than water, and it should never be given unless to keep the soil from becoming dust dry. In early spring, if the buds on the plants are seen to be starting a little, do not give water, which would only favor their growth, but keep as dry and cool as possible until time to take them out of the cellar.

MOST EXCELLENT FOR WOMEN.

THE peculiar diseases of women commonly known as "female troubles," are outgrowths of general bodily weakness. For various disorders of the distinctly feminine organs can never be cured permanently until constitutional vigor and strength are restored. It is the sheerest folly to attempt to cure the branches when the trouble lies in the roots.

When a woman is all run-down in general health—when her back aches—when she loses flesh, and her figure no longer retains the symmetrical lines and curves of younger days—when she has headache, and her nerves are on edge, so that she feels like screaming at the slightest noise—when she can no longer do her housework without frequently lying down to rest—she will find a blessing indeed in **Hostetter's Stomach Bitters.** It will begin at the starting point of her sickness, and build up her system gradually. It will fill her veins with the red blood of health. It will prove acceptable to the palate and stomach, no matter how squeamish it may be.

The Bitters will make a woman *feel* younger and *look* younger too. It will put fresh roses in her cheeks and red cherries on her lips. It will strengthen her back, her limbs, her whole body. Pretty soon her "female troubles" will be a thing of the past, and these blessings all will come about by simply building up her general constitution.

Hostetter's Stomach Bitters are of peculiar help in overcoming constipation in women, who are much more prone to that disorder than men. It is not necessary to take two medicines—one for female trouble and one for constipation. Just take Hostetter's Bitters, which combines all the medicines needed. There are hundreds of thousands of women who could take the Bitters and get well again.

THE WORLD A LOOKING GLASS.

The world is but a looking-glass
Wherein ourselves are shown,
Kindness for kindness, cheer for cheer,
Coldness for gloom, repulse for fear,
To every soul its own.
We cannot change the world a whit,
Only ourselves which look in it.

Susan Coolidge.

A GOOD memory knows how to forget, a well managed tongue knows how to keep still, disciplined ears know how to be deaf on occasions, and skilful hands can hang idle if necessary. One half of knowledge consists in not knowing; one half of beneficial action in resting.

EATING WITHOUT AN APPETITE.—It is wrong to eat without an appetite, for it shows there is no gastric juice in the stomach, and that nature does not need food, and not needing it, there being no fluid to receive and act upon it, it remains there only to putrefy, the very thought of which should be sufficient to deter any man from eating without an appetite for the remainder of his life.

FOR CLEANING PLATED WARE.—It is convenient to have in the kitchen a bottle of some material for scouring, where it can be ready for use at any moment. A simple and good thing for cleaning nickel-plated articles is made as follows: Take half a cup of whiting, fill it with water; put in a bottle, and add a teaspoonful of ammonia.

SYMPATHETIC.—"Excuse me, sir," said the beggar, "but I must have help; I cannot keep body and soul together." "Poor fellow," said the sympathetic pedestrian, "here's a bottle of mucilage; take a tablespoonful three times a day, and you'll not be likely to come apart."

FREE ADMISSION!

BLUMENSTEIN.—How vas id, Rubinsky, dot you ged indo the theater vidoudt puying a ticked?

RUBINSKY.—S-s-h! You musd nod dell any von. I valk in packwards, und the door-keeper thinks I am coming oudt.

MIGHTY pleasant music. The dinner horn iz the oldest and most sakred horn thare iz. It iz set tew musik and plays "Home, Sweet Home," about noon. It has bin listened tew with more rapturous delite than ever any band haz. You can hear it further than yu kan one of Rodman's guns. It will arrest a man and bring him in quicker than a sheriff's warrant. It kan out-foot any other noise. It kauses the deaf to hear and the dumb to shout for joy. Glorious old instrument! Long may yure lungs last!—*Josh Billings.*

HINTS FOR BATHERS.—The following hints for seashore visitors will be found of value: Never enter the water when overheated; rest a little first and cool off, but not enough to feel cold. Bathers should enter the water when the body is at a glow, net when it is in violent perspiration. Never enter the water with a headache; never do so with a full stomach. Nothing can be more dangerous to the system than to contravene these rules, and many have lost their lives by neglecting them. No one should enter the water immediately after dinner; none who wish to avoid the swimmer's bugbear, cramps, should enter it when suffering from acidity of the stomach. The best time for bathing is either before breakfast, or between 11 or 12 o'clock in the forenoon. All who suffer from delicate constitutions should avoid bathing in the early morning.

"HE that slanders me," says Cowper, the poet, "paints me blacker than I am, and he that flatters me, whiter; they both daub me, and when I look into the glass of conscience I see myself disguised by both."

INDIGESTION AND DYSPEPSIA.

INDIGESTION is the common parent of dyspepsia. It is caused by the failure of the stomach to properly dispose of the food taken into it. People swallow all manner of things at mealtime. They overload the stomach with rich, fatty, indigestible food, and there it lies and sours. Gas arises and the patient belches. There is a sour disagreeable taste in the mouth. There is bloating and distress in the abdomen. The mass of stuff refuses to digest. The stomach is not fitted for such treatment. Constant abuse brings on chronic dyspepsia.

You can't cure indigestion and dyspepsia by dieting. All you get is a little relief. Distress reappears as soon as the dieting is discontinued.

You must begin at the beginning if you want to cure indigestion and dyspepsia. Put the stomach and digestive organs in good condition by taking a course of treatment with **Hostetter's Stomach Bitters.** It radically cures dyspepsia by getting down to the original cause of the trouble. It puts the digestive organs in proper shape to do their natural duties. It is Nature's most valued assistant in setting up regularity of the bowels and restoring tone to the stomach. Do not waste time in dieting and experimenting. Begin now and make your digestion perfect with Hostetter's Stomach Bitters, the only thing that is required by Nature. Chronic dyspeptics are especially urged to try it. No case is so deep-seated or stubborn that it cannot be benefited and overcome. There have been many men cured whose stomachs had "absolutely gone back on them," as they expressed it.

The Bitters brings about permanent cures. It does not force relief by over stimulation, or by powerful purgative ingredients, but acts gently in a soothing manner. We have on file the testimonials of many people whose happiness and good health date from the time they began taking the Bitters, years ago.

INDIAN meal and buckwheat are the two winter flours, because they make warmth. Indian hot cakes, slap-jacks or pone can be eaten with impunity by dyspeptics who cannot touch fresh wheat bread. The hoe cake of the South, made of white corn meal mixed with a little boiling water and salt to a stiff dough, then baked in thin cakes upon a griddle, is a delicious morsel. Mix it the night before, or let it stand some hours before tea. For pone take a heaping quart of corn meal, two good table-spoonfuls of lard, one and a-half teaspoonfuls of salt, and one gill of boiling water to scald the meal.

HE happened to press the foot of a young lady who was sitting next the door, in getting out of a street car. The damsel, compressing her brows into an awe-inspiring frown, ejaculated: "You clumsy wretch!" Many men would have looked foolish and apologized, but our friend was equal to the occasion. "My dear young lady, you should have feet large enough to be seen, and then they wouldn't be tramped upon." Her brow relaxed, her eyes sparkled, her lips smiled, and the injury was forgotten.

"IF," advertised a philosophical victim, "the person who took my overcoat was influenced by the weather, then all is serene; but if he did so from commercial considerations, I am ready to enter into financial negotiations for its return."

A CUBIC inch of water makes a cubic foot (1,728 inches) of steam. If this be compressed to three cubic inches, it exerts a pressure of 3,840 pounds to the square inch, or the pressure of nearly 257 atmospheres.

CHRONIC DIARRHŒA AND ITS CURE.

CHRONIC Diarrhœa is a dangerous malady, and one which should never be neglected or trifled with. It has a tendency to corrode and destroy the bowels, and if permitted to run unchecked, the result must necessarily prove fatal.

Sufferers from this disease have an impaired appetite There is a general debility and weakness, and irritability and nervousness are frequently present. The cause is often traced to the injudicious use of powerful purgative medicines, and is sometimes the outcome of dissipation, unwholesome food, bad air, overwork, extreme mental anxiety, or long continued exposure to dampness and cold.

The qualities of **Hostetter's Stomach Bitters** are admirably adapted to the cure of chronic diarrhœa. It subdues local inflammation, imparts new tone to the weakened organs, and soothes and strengthens the coating of the digestive tract.

When properly taken according to directions, the sufferer will soon be gratified to see the general bodily vigor restored, and the straining at stool and griping will vanish. The discharges will grow less frequent, and natural conditions will be established in due season.

It should be remembered that the Bitters is a vitalizing tonic, and while tending to overcome the direct symptoms and distress of diarrhœa, at the same time puts the patient in a condition to resist the weakness of the bowels by establishing general strength throughout the entire system. In this manner only are permanent cures brought about.

Many cases are the direct result of indigestion and liver derangement Such patients will get speedy relief because the Bitters is of wonderful benefit whenever the seat of trouble is located in those parts.

During treatment, it is advisable to take at bedtime a warm salt bath several times a week. Flannel should be worn next to the skin, and the sleeping rooms should be kept warm and well ventilated.

REMEDY FOR LOW SPIRITS.—Very often a person gets trouble. Blues come just as clouds sweep across the sky. Life doesn't seem cheerful. Discouragement tangles up the mind and disturbs the soul. Indigestion attacks the emotions. In everything there lurks despair. You don't want to meet people. You don't want to be alone. When you get in this condition don't drink whiskey, don't sit still. Just go out to the park; walk over the grass-carpeted hill and among the noble trees, and look up into the sky and ask God to give you a bigger soul to appreciate the beautiful world you live in. After that you'll feel better.

To lay off a half-mile driving track, drive two stakes 600 feet apart in a direction to get the best surface. With each stake as its centre, make a circle the diameter of which shall be 452 feet 5 inches. From the circumference of one let straight lines be made to the other, which lines will be 600 feet long. Thus will be completed the inner line of the track. The outer one should be 18 feet from this for private, and 36 feet for public tracks.

THE people in all lines of duty who do the most work are the calmest, most unhurried. Duties never wildly chase each other in their lives. One task never turns another out, nor ever compels hurried, imperfect doing. The calm spirit works methodically, doing one thing at a time well, and it therefore works swiftly, though never appearing to be in haste.

DISEASES OF THE URINARY ORGANS.

THE Kidneys are of the greatest importance to the body. There is a constant destruction of the tissues going on all the time throughout the system, and this decayed matter is carried by the blood to the kidneys, whose duty it is to sift out the waste and poison. The process is really a system of sewage, and dangerous results follow when it is clogged up by inactivity or disease. The kidneys are closely connected with the nervous system and the brain. When you notice the slightest derangement of these organs, it should command your attention and prompt treatment. If the current of life be thus tainted by the poisonous matter which should be strained and sifted from it, it produces diseases which arise from an impure state of the blood. Unless attended to at once, the most serious consequences will ensue.

Hostetter's Stomach Bitters contains the best known ingredients for bringing about the proper secretion and flow of the urine. It builds up and stimulates the kidneys—makes them vigorous—so they can attend to their important duties. For years it has been used with pronounced success in disorders of the urinary organs. It has a long list of cures to its credit in cases where the trouble came from uric acids or malarial poisons in the blood. It imparts lost tone to the bladder, when its powers have been diminished. It urges the nerves of the kidneys into action, preventing them from becoming clogged up by disease or inactivity.

Kidney diseases are most to be dreaded because, when neglected, surgical operations in hospitals are often made necessary. Statistics show that the urinary organs are affected in nine out of twenty people, and life insurance companies reject many applicants for this reason.

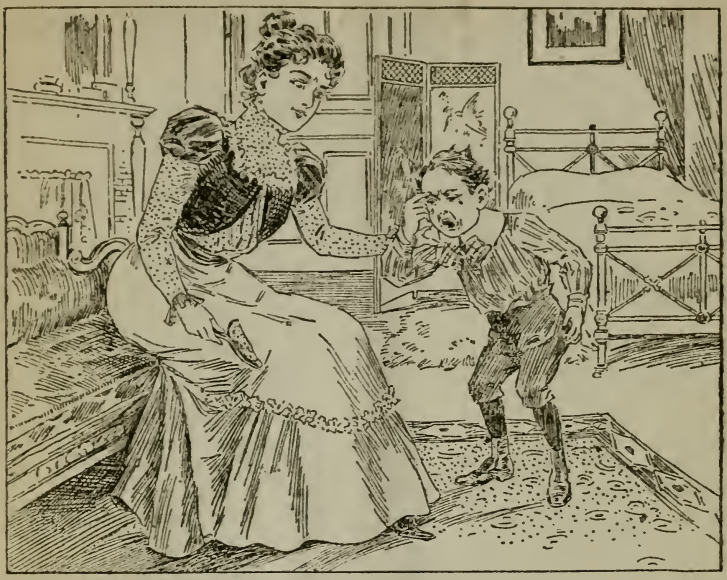
"WITHIN half a century," says Dr. Dio Lewis, "no young man addicted to the use of tobacco has graduated at the head of his class in Harvard College, though five out of six of the students have used it. The chances, you see, were five in six that a smoker would graduate at the head of his class if tobacco does no harm. But during half a century not one victim of tobacco was able to come out ahead."

TO CLEAN MARBLE.—Take two parts of common soda, one part of pumice stone, and one part of finely-powdered chalk, sift it through a fine sieve, and mix with water; then rub it well over the marble, and the stains will be removed. Rub the marble over with salt and water.

THE ALERT PRESCRIBER.—A man in the car was telling how good his doctor was. "Clever?" said he; "well I should say he was. The other day I called him in when I had swallowed five cents. He said if the coin was not counterfeit it would pass, and made me cough up two dollars."

FREEZING MIXTURES are frequently required; and the one most convenient for common use, such as freezing ices and creams, is composed of two parts ice or snow, and one part common salt. With this a temperature of five degrees below zero, or thirty-seven below the freezing point, can be obtained.

A MAN'S CREDIT.—The most trifling actions that affects a man's credit are to be regarded; the sound of your hammer at five in the morning, or nine at night, heard by a creditor, makes him easy six months longer; but if he sees you at a billiard table, or hears your voice at a tavern, when you should be at work, he sends for his money the next day, demands it before he can receive it in a lump.—*Franklin.*



DIFFERENT SEATS OF PAIN.

MOTHER.—You don't know how it pains me, Georgie, to have to punish you in this manner.

GEORGIE.—Your pain, mamma (boo-hoo) ain't half so bad as mine, and (boo-hoo) it ain't in the same place, either.

AN Irish brakeman in the railroad yards was hurt by a train, and his friends offered to send for a physician. They asked: "Do you want an allopath or homœopath?" He replied: "It don't matter—all paths lead to the grave."

A GERMAN biologist says the two sides of a face are never alike; in two cases out of five the eyes are out of line; one eye is stronger than the other in seven cases out of ten; and the right ear is generally higher than the left.

Too much cannot be insisted upon the fresh air and exercise which people should make a point of having each day. No one can retain their good looks long if they will persist in remaining in ill ventilated rooms, and sleeping with their windows tightly closed at night.

ONE great reason for mixed farming is the safety of it. There is less risk of complete failure. The farmer is in a better condition to live if his crops partially fail, if he must accept low prices for his stock, and therefore has out little money.

IN horses the pulse at rest beats 40 times, in an ox from 50 to 55, and in sheep and pigs about 70 to 80 beats per minute. It may be felt wherever a big artery crosses a bone.

A GOOD complexion depends largely on the proper circulation of good blood throughout the body. Good blood depends on the assimilation of digested food of the right quality.

USEFULNESS is the rent we are asked to pay for room on earth. Some of us are heavily in debt.

HOW TO PREVENT AND CURE MALARIA.

MALARIA fastens itself upon those whose vitality is at a low ebb, and whose constitutions are run-down and weak. A strong, vigorous person is proof against that common malady. If a searching inquiry were to be made into the history of the cures effected by **Hostetter's Stomach Bitters,** it would be found that its potency proceeds from its wonderful building-up and strength-giving power. It fortifies the system to resist the poisonous air which arises from low levels, damp surroundings, and places where drainage is lacking.

It has often been remarked that Hostetter's Stomach Bitters seems to possess peculiar properties which strike at the very roots of malaria. In ten days or two weeks the attack is broken, and in a short time the poison is completely driven from the system. The Bitters does, in fact, go to the bottom of the trouble. It strengthens the weak places in the constitution, establishes a healthy state of affairs in the stomach, and at once sets up a reconstruction that results in restored vigor and resisting power. In this way the malarial poisons are overcome, because there is no longer any enfeebled spots in which to thrive.

Those living in localities where drainage is bad, and where there is a tendency to malaria, should provide themselves with a supply of the Bitters, if no nearby dealer is at hand. The strong need the remedy as a preventive just as much as the suffering need it as a cure. A person may be well to-day, but sick to-morrow, because of some little stomach disorder. It is better to keep the disease away than to battle with it after it comes.

The Bitters is infinitely better for malaria, fever and ague than quinine, because it clears up the brain, and does not cause that terrible buzzing in the head which quinine always produces.

DUTY is a power which rises with us in the morning, and goes to rest with us at night. It is co-extensive with the action of our intelligence. It is the shadow which cleaves to us, go where we will, and which only leaves us when we leave the light of life.—*W. E. Gladstone.*

WHETHER you work for fame, for love, for money, or for anything else, work with your hands, heart and brain. Say "I will!" and some day you will conquer. Never let any man have it to say, "I have dragged you up, I have made you what you are." Too many friends hurt a man more than none at all.

AN ARABIC PROVERB.—Men are four:—He who knows not, and knows not he knows not. He is a fool; shun him. He who knows not, and knows he knows not. He is simple; teach him. He who knows, and knows not he knows. He is asleep; wake him. He who knows, and knows that he knows. He is wise; follow him.

IN an egg of 1,000 grains, 600 belong to the white, 300 to the yolk and 100 to the shell In 100 parts of the white of an egg, about 84 per cent. is water, 12½ per cent. albumen, 1 per cent. mineral, and 2½ per cent. sugar, &c. In 100 parts of the yoke, 52 per cent. is water, 45 per cent. is oil and fat, and 1 per cent. each of albumoids, coloring and mineral water.

CURED.—"Have you ever tried the faith cure?" asked a long-haired, sallow-faced stranger, addressing a gentleman who sat behind him in a street car. "I have," was the answer. "Were you benefited?" "I was." "May I ask, then, of what you were cured?" "Certainly. I was cured of my faith."

A PARTING SALUTE.

IT is hoped that in the preceding pages we have succeeded in setting before the infirm reader the claims of our medicine to his advantage. Like friends in council on a subject of mutual interest, we appeal to their sense of need and right, and only ask an opportunity to verify the truth of our message. Divesting the subject of all medical and technical terms, we have spoken in a language all can well understand, and with a sincerity born of conviction, have taken pains to explain its many virtues. We avoid imputing to **Hostetter's Stomach Bitters** properties of a universal panacea for every ill that flesh is heir to. We have adjusted our utterances to the measure of proofs in our possession, and only ask a fair trial by those who are suffering from bodily weakness.

In commending the Bitters as a household remedy, adapted to ailments of common occurrence, and the prevention and cure of diseases of a malarial type, we are borne out by two kinds of evidence, that of persons who have been cured by it, and that of physicians who have administered and recommended it. A half century has passed away since its appearance as a proprietary medicine, and to-day, after all this searching publicity and scrutiny, it remains firmly rooted in popular and professional esteem. Those who have read the annual editions of this Almanac well know the hundreds of unsolicited testimonials we have published, from every class of society—divines, physicians, editors, artisans, men and women—who have been cured of every disease emanating from derangement of the stomach, liver and bowels.

The Bitters is a true tonic, because it promotes digestion and fertilizes the blood; a desirable and painless laxative; a useful diuretic, stimulating the kidneys without exciting them, and a sterling anti-bilious medicine, acting directly upon the liver. Its anti-malarial properties are so well known, that it is the popular antidote for fever and ague all over the West and South, and it has gained a strong foothold in the West Indies, South America and other tropical countries.

Hostetter's Stomach Bitters also affords an agreeable means of counteracting both neuralgic and rheumatic attacks, superinduced by exposure in rigorous weather to sudden chilliness, without sufficient provision of clothing; the genial warmth it diffuses through the system nullifies the bad effect of raw cold and damp, and expels from the blood the virus which is supposed by physicians to cause these wretched maladies.

Hostetter's Business Calendar for 1901.

1901	Sunday	Monday	Tuesday	Wednesd.	Thursday	Friday	Saturday
Jan.	..	..	1	2	3	4	5
	6	7	8	9	10	11	12
	13	14	15	16	17	18	19
	20	21	22	23	24	25	26
	27	28	29	30	31	..	..
Feb.	..	..	..	..	..	1	2
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	10	11	12	13	14	15	16
	17	18	19	20	21	22	23
	24	25	26	27	28	..	..
Mar.	..	..	..	..	..	1	2
	3	4	5	6	7	8	9
	10	11	12	13	14	15	16
	17	18	19	20	21	22	23
	24	25	26	27	28	29	30
	31	..	..	..	..	..	..
April	..	1	2	3	4	5	6
	7	8	9	10	11	12	13
	14	15	16	17	18	19	20
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1901	Sunday	Monday	Tuesday	Wednesd.	Thursday	Friday	Saturday
May	..	..	..	1	2	3	4
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	23	24	25	26	27	28	29
	30	..	..	..	..	..	..
July	..	1	2	3	4	5	6
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Aug.	..	..	..	..	1	2	3
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1901	Sunday	Monday	Tuesday	Wednesd.	Thursday	Friday	Saturday
Sept.	1	2	3	4	5	6	7
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	29	30	..	..	..	..	..
Oct.	..	..	1	2	3	4	5
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	20	21	22	23	24	25	26
	27	28	29	30	31	..	..
Nov.	..	..	..	..	..	1	2
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	24	25	26	27	28	29	30
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Dec.	1	2	3	4	5	6	7
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HENRY WASHINGTON,

LA PORTE, CAL.

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